





It's interesting to reflect on the 2020-2021 Academic Year, a period of continued adaptation to the COVID-19 pandemic. At the pandemic's onset many of us were thinking in terms of weeks and months, not years. Yet here we are. Multiple new student orientations, convocation ceremonies, holidays and even entire parental leaves for some staff have come and gone. And while there's no denying that this period has had its challenges, I can't help but to be inspired by the

resilience and creativity of our KPU students and the Student Affairs employees who are so committed to student well-being and success.

Throughout the pandemic, KPU has taken the role of a learning organization to heart. As our faculty adapted to new virtual and hybrid learning modes, we too adapted our services and supports with considerable success. We're eager to sustain the resulting flexibility and accessibility that has been achieved for our students, whether it's attending a counselling appointment from home or having access to self-paced online orientation modules to review again as needed over time. I'm excited by the prospect of the new KPU that is taking shape as we move forward.

In the pages ahead you'll note Student Affairs' ongoing commitment to key priorities. We're advancing work on a set of divisional commitments to Indigenization. And alongside other diversity, equity and inclusion efforts currently underway at KPU, we have engaged with the Affiliation of Multicultural Societies and Service Agencies of British Columbia (AMSSA) to deliver their Safe Harbour training and certification for all Student Affairs employees. In support of developing a foundation of awareness and knowledge that fosters inclusion in our workplace and with the students we serve, all new employees in Student Affairs now complete this certification as part of their onboarding.

Student Affairs also experienced some growth in recent months as Assessment and Testing Services, and the Student Rights and Responsibilities Office joined the Division in October of this year. I look forward to their inclusion and insights in next year's annual report.

As ever, by producing an annual report, we hope to stimulate dialogue in support of student success, health and wellbeing. I look forward to engaging in ongoing discussion and collaboration with colleagues from across KPU as we move forward.

#### Joshua Mitchell

Associate Vice President, Student Affairs

#### Vision



Our approach will be ambitious, innovative and collaborative so that students discover their potential and reach their goals.

#### **Mission**

We empower students to learn, connect and thrive.

#### **Values**

Integrity – we hold ourselves and our institution as a whole to the highest standards of trustworthy, ethical and consistent practices. We will be transparent in our processes and our progress.

**Compassion** – we foster an environment of mutual respect and equity that recognizes the needs of the individual learner and each student as unique and worthy of respect.

**Innovation** – we endorse a culture of experimentation and creativity as a progression to learning and growth.

**Collaboration** – we embrace the joy in learning and education, and in working with students, faculty and other colleagues.

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We work, study, and live in a region south of the Fraser River which overlaps with the unceded traditional and ancestral lands of the Kwantlen, Musqueam, Katzie, Semiahmoo, Tsawwassen, Qayqayt and Kwikwetlem peoples.

## **ACCESSIBILITY SERVICES**





KPU is committed to making our campuses, classrooms, and opportunities inclusive and accessible. Where our academic and campus experiences present barriers, we work together to increase access.

At Accessibility Services, we work with students who require personalized plans to ensure access to the university and success in achieving academic goals.

#### We can help with:



- » Accommodations
- » Transition from high school
- » Applying for disability-related funding
- » Getting connected with KPU services and supports

Accessibility Services also works with faculty and staff to develop accommodation solutions and design accessible academic and university experiences.

#### **STAFFING**

1 Manager

**3** Learning Specialists

**&&&& 4** Accessibility Advisors

#### **Programs and services offered** and current priorities

#### SELF-IDENTIFY

We encourage students to let us know about the barriers they are experiencing or anticipating.

#### COLLECT INFORMATION

We work with students to collect information about their experiences, educational or medical reports, and goals.

#### PLAN ACCOMMODATIONS

We work with students to create an individualized accommodation plan.

#### COLLABORATE

We invite instructors to help develop accommodations, strategies, and solutions.

#### IMPLEMENT AND SUPPORT

We help students and faculty put accommodations in place and make sure they are working well.

#### MONITOR PROGRESS

We stay connected to make sure students' accommodations are working and make changes if they are still experiencing barriers.

#### **Strategic Challenges**

- A Continuing the articulation of a social justice model of accessibility at KPU work in this area began in 2017, consistent with the direction the field of post-secondary accessibility services is taking. Given changes in leadership and staffing, this effort has only partially been realized. This challenge involves staying current with the needs of students and trends in post-secondary accessibility services, as well as developments in the field in general including legislative/legal developments; and staying current with best practice in meaningful and effective service delivery methods;
- Creating more awareness across the KPU community about who we are and what services we provide related to the first strategic challenge above, helping the larger KPU community understand what we do and why we do it is critically important;
- C Connecting with instructional faculty instructors at KPU are fundamental and integral to our efforts to reduce barriers to access for students, so maintaining relationships and sharing knowledge is vital to our success;
- Promoting diversity, inclusion, equity, and justice in alliance with other Student Affairs and KPU initiatives, finding meaningful ways of promoting diversity, inclusion, equity, and justice in the KPU community that align with our service mandate and scope of care has emerged as a pressing need.

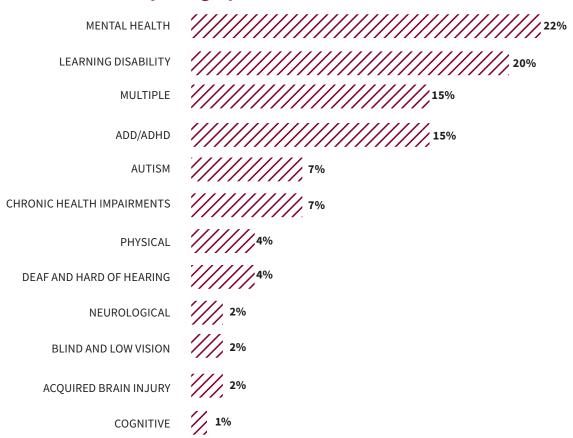
#### **Strategic Responses**

- Clarify the social model of accessibility in terms of defining good practice, aligning principles of the model with our operational mandate and contingencies, and addressing implementation issues;
- 2 Continue to develop protocols and guidelines for services and practice, and create a new program manual that reflects principles of the social model of accessibility and barrier reduction;
- Find ways to support onboarding of new faculty and staff at KPU to enhance their understanding and utilization of our service;
- 4 Continue to explore and engage in activities to support the broader student body, faculty, and staff regarding understanding accessibility, how to facilitate it, and what the legal requirements are:
- Develop a marketing strategy for our services that incorporates understanding of the social model of accessibility, and that conveys with clarity what the KPU community can expect from us;
- Work to prioritize specific groups within the student population for specialized services/ outreach, in consultation with other Student Affairs departments and the broader KPU community;
- Participate in other Student Affairs and KPU efforts towards equity and justice.

#### **Initiatives and Highlights**

- ▼ While shifting to online learning, Accessibility Services worked with students to support ACCOMMODATIONS IN A REMOTE LEARNING ENVIRONMENT.
- ▼ The Accessible Clinic Education (ACE) working group INCREASED EQUITY/ACCESS FOR STUDENTS WITH DISABILITIES in programs that have clinical placements and practical exams, and explored the application of UDL principles/strategies to reduce the need for accommodations.
- ✓ 5 NEW ASL INTERPRETERS were welcomed to the team to support access for hearing impaired students.
- ◆ 26 STUDENTS GRANTED ADAPTIVE TECHNOLOGY through AT-BC (\$42,845.97).
- ✓ 7 STUDENTS LOANED ADAPTIVE TECHNOLOGY from AT-BC (\$5,472.07).
- Accessibility Services SERVED 648 STUDENTS.

#### **Students Served by Category**



## CAREER DEVELOPMENT CENTRE

## **Department Mission**

The Career Development Centre (CDC) supports a systematic, research-informed approach to career development and career education for all KPU students, and provides a program mix rooted in 4 pillars: self-awareness, situational awareness, connection to purpose, and job readiness. The CDC consists of 3 cross-collaborative units:

**Career Development Services** – delivers career preparation and volunteer programs, services and events in support of students, faculty and employers.

**Co-operative Education** – oversees the administrative delivery of Co-op Education programs.

**Employer Relations** – fosters awareness and develops partnerships with corporate, industry, and community stakeholders in regards to the benefits of hiring KPU students and alumni.

#### **Programs and services offered**

- » Job search/preparation and employability skills workshops
- » Individual and group career advising
- » Job board postings
- » Mock interviews
- » Resume reviews
- » On-campus employment for students

- » Co-operative education
- » Volunteer training
- » Employer information sessions/panels, on-campus recruitment, and employer resources
- » Career, job, and volunteer fairs

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**1** Director

**&& 2** Coordinators

2 1 Employer Relations Strategist

2 Career Coach

**2** Co-op Education Officers

4 Employer Relations Assistant

2 1 Career Services Officer

S & 4 Student Assistants

#### CAREER DEVELOPMENT CENTRE CONTINUED

#### **Strategic Challenges**

A CONNECT STUDENTS WITH EDUCATION AND CAREER GOALS

Find new ways to engage students who have limited or no on-campus exposure to the Centre, and adapt career development, planning and exploration in dynamic labour markets which have seen fundamental shifts during the pandemic.

B INCREASE VISIBILITY AND AWARENESS OF THE CAREER DEVELOPMENT CENTRE

The Career Development Centre is still commonly referred to as the Co-op Office. There is a need to strengthen visibility and awareness of the current iteration of the centre.

C INCREASE ACCESSIBILITY FOR INDIGENOUS STUDENTS

Explore and develop new opportunities and partnerships to foster a respectful, culturally safe and supportive environment for Indigenous learners and community partners in alignment with Student Affairs' commitment to Indigenization.

#### **Strategic Responses**

- Engage KPU students with career preparedness learning through individualized and group activities and events.
  - » Develop expanded cache of general/customized career preparation workshops, videos, and other resources
  - » Build and integrate career pathways tool for career advising starting in Year 1 at KPU
- 2 Connect students to industry employers, community/volunteer partners.
  - » Review Simplicity functionality and assess potential new modules
  - » Utilize and promote Career Connection job board across KPU departments/faculties
  - » Increase and enhance employer panels and presentations with a focus on engaging KPU alumni

- 3 Build and invest in strong relationships with KPU stakeholders.
  - » Promote and enhance CDC services for KPU faculty and staff such as implementing a faculty module in Career Connection
  - » Use LiveAlumni tool to connect to KPU alumni employers
  - » Create promotional media kits to better target prospective co-op students
- 4 Build and invest in strong relationships with corporate, industry, and community/volunteer stakeholders.
  - » Develop strategic presentations that promote hiring KPU students aimed at key external stakeholders
  - » Create a job development strategy, including job mining, in alignment with KPU programs and industry needs
  - » Champion student/employer success stories
- Commit to continuous learning to better support Indigenous students.
  - » Participate in learning opportunities provided by KPU and Student Affairs
  - » Understand and practice meaningful territorial acknowledgements
- Build supports and services for Indigenous students.
  - » Customize career preparation/development workshops and resources
  - » Develop opportunities with employers seeking Indigenous students



CAREER DEVELOPMENT CENTRE CONTINUED

#### **Initiatives & Highlights**

Get Ready! Get Hired!

Job and Volunteer Fair

16 employers

**119** 1:1 student/employer engagements

**Career Day** 

**50** employers

**459** 1:1 chats with KPU students and alumni

#### **Pandemic Adaptations to Programming & Services**

- ✓ Introduced CO-OP WORK TERM FLEXIBILITY regarding job postings and deadlines.
- Summer 2021 co-op placement numbers RETURNED TO PRE-PANDEMIC SUMMER 2019 LEVELS!
- Received ministry funding for project proposal to better support underserved co-op programs, reduce barriers and INCREASE CO-OP OPPORTUNITIES FOR INDIGENOUS STUDENTS.

#### CAREER DEVELOPMENT CENTRE CONTINUED

#### **Co-operative Education**

- Posted: 760 JOB OPPORTUNITIES, with 216 JOB PLACEMENTS.
- **▼** TOP 5 EMPLOYERS: Canada Revenue Agency (CRA), Fraser Health Authority, Kwantlen Polytechnic University, Microserve, PCL Constructors Westcoast Inc.
- New co-op employers: 35 EMPLOYERS HIRED THEIR FIRST KPU CO-OP STUDENTS this academic year, accounting for 22.2% of total placements.
- ▼ KPU Co-op Employers Survey: Of 136 co-op employers, 91% RATED THEIR EXPERIENCE AS EXCELLENT, VERY GOOD, OR GOOD.

#### **Career Development Services**

Career Connection (ONLINE JOB BOARD)

3682

1451

**587**New employers

Resume review

352 Resumes reviewed Virtual career Aadvising

355 Appointments

Virtual employer information sessions

4 Sessions

**47**Student participants

Volunteer services

189

Student volunteers

133

**New applications** 

89

Volunteers trained online

Virtual webinars

14

Webinars

149

Student participants

30

Students per webinar

## CENTRAL ACADEMIC ADVISING





Central Advising supports first and second-year students in pursuing their educational and career goals. Taking a student-centered approach, advisors engage in program exploration, navigation, and planning for student success. Advisors serve students by providing advice, coaching, tools, and resources to empower them to make decisions that support their academic success and well being.

#### **Programs and services offered** and current priorities

- » Assisting students with their academic progression and supporting them with attainable goals towards academic success.
- » Proactive advising outreach for students who are struggling academically.
- » Supporting students as they adapt to the online learning environment.
- » Actively engaging in KPU initiatives such as Open Houses, Orientation and First Year Friday.
- » Enhancing collaborative practices with other service units, such as the Future Students' Office, International Student Advising, and Office of the Registrar, to better support the student experience.

#### **STAFFING**

1 Manager

8 Academic Advisors

**&&&& 4** Counselling & Advising **Assistants** 

1 Peer Advisor (Student Assistant)

#### CENTRAL ACADEMIC ADVISING CONTINUED

#### **Strategic Challenges**

#### A STUDENT DEVELOPMENT AND TRANSITION

Prepare new and current students to face challenges with program/course selection, navigation of tools, resources, policies, and procedures.

- » Guide students through acclimatizing to a postsecondary environment and communicate regularly with them to ease their transition into KPU and post-secondary culture
- » Provide individualized 1-on-1 advising (drop-in and booked appointments) and workshops that support first year transition and student success in the first 60 credits of study
- » Participate and collaborate in orientation and transition events
- » Engage students in new ways to expand reach and guide them through common challenges and questions

#### B STUDENT SUCCESS AND RETENTION

Support students in their decision making which can impact their educational, personal, and professional goals.

- » Create resources for students who are undeclared and needing assistance with their educational and career decisions
- » Reach out to students who are at-risk to offer support that helps them persist in their studies
- » Triage course repeat requests, early alerts, and emails for all programs to ensure students are connected with the correct advising support team
- » Expand intervention programming designed to reach out to at-risk students within constraints of technology and budget
- » Engage and support students to regain good academic standing after being required to withdraw
- » Mitigate administrative workload so as to not impede front-line service delivery

#### C STUDENT SERVICES

Meet the demand and student needs for quality academic advising, while adhering to advising service standards.

- » Triage general email, inquiries, and other student and staff correspondence for all advising units to ensure that inquiries are referred to the appropriate advising team
- » Increase 1-on-1 drop-in support during peak periods to provide just-in-time service for students who are registering in their courses

#### **Strategic Responses**

- Capture data that describes advising impact and assists the unit in concentrating its services and training.
- 2 Make data-informed decisions to increase impact and improve the efficiency and effectiveness of advising resources.
- Increase outreach with consistent messaging and timely invitations to engage.
- 4 Expand resources for exploratory and undecided students.
- Increase personalization of services with individual care where it can be most impactful students with access issues, Indigenous students, other identified vulnerable students.
- Participate in Indigenization of Student Services at KPU and embrace all cultures in creating safe, inclusive spaces for all students.
- 7 Professional development for advising team to inform advising practice.
- 8 Optimize services through hybrid online and inperson service delivery.
- Participate in advising collaboration efforts that support internal communication and coordination of advising services across the university (central advising, program advising, financial aid, career, etc.)



#### CENTRAL ACADEMIC ADVISING CONTINUED

#### **Initiatives and Highlights**

- ✔ PILOTED A NEW PROGRAM, HEADSTART, that provided new students with a dedicated advisor to guide them through the first year of their studies and a personalized program of supports
- ✓ INCREASED OUTREACH to new students with regular calling campaigns and timely messages to prompt them to engage in preparation for course registration and the upcoming semester
- **♥** UPDATED ONLINE COURSE PLANNING WORKSHOPS to ensure students have a smooth transition into their first semester at KPU
- REVISED ONLINE RESOURCES to provide students with meaningful tools and direction for course selection
- **EXPANDED RESOURCES for exploratory and undecided students**

Scheduled appointments **6,133** 

Course repeat requests 328

Early alert referrals triaged 1875

7,005

Total student engagements 19,583

Workshop attendees **797** 

## **COUNSELLING SERVICES**





The role of Counselling Services at KPU is to provide brief counselling and referral services to eligible students, on a voluntary basis, whose concerns fall within our scope of care. Those whose needs cannot be accommodated within our treatment model will be referred to community resources. Such referrals might occur immediately following an intake, or they might occur after some treatment and a further assessment of need has taken place.

The primary objectives of counselling at KPU are to improve students' resilience to distress and increase their repertoire of coping strategies as they navigate through their university experience, empowering them to overcome barriers to their success.

Counselling Services operates within a short-term or intermittent model of individual treatment, in order to maximize our resources in meeting student counselling needs.

#### **Programs and services offered** and current priorities

Counselling Services offers free and confidential counselling to registered KPU students. The specific services we provide to students include:

- » Drop-in intake/triage
- » Initial assessment appointments
- » Short-term individual counselling
- » Group counselling

#### **STAFFING**

1 Director

**888 11** Counselling Faculty (8.0 Counsellor FTE)

#### COUNSELLING SERVICES CONTINUED

#### **Strategic Challenges**

Through team discussions, the following key strategic challenges have been identified over the next two years:

- Staying clear about what we do and how we do it - this is an ongoing challenge in the KPU/postsecondary environment and involves staying current with the needs of students and trends in post-secondary counselling; developments in counselling in general; and best practice in meaningful and effective service delivery methods.
- B Marketing Counselling Services amongst students, administrators, and faculty - related to the first strategic challenge above, helping the larger KPU community understand what we do and why we do it is critically important.
- Promoting diversity, inclusion, equity, and justice - in alliance with other Student Affairs and KPU initiatives, finding meaningful ways of promoting diversity, inclusion, equity, and justice in the KPU community that align with our service mandate and scope of care has emerged as a pressing need.

#### **Strategic Responses**

In order to address these challenges, the following objectives have been identified:

- 1 Continue to develop protocols and guidelines for services and practice, and create a program manual;
- Find ways to support onboarding of new faculty and staff at KPU to enhance their understanding and utilization of our service;
- Continue to explore and engage in activities to support the broader student body, faculty, and staff regarding student mental health while remaining true to our primary mandate to provide counselling to students;
- 4 Develop a marketing strategy for our services that that conveys with clarity what the KPU community can expect from us;
- Work to prioritize specific groups within the student population for specialized services/ outreach, in consultation with other Student Affairs departments and the broader KPU community;
- 6 Participate in other Student Affairs and KPU efforts towards equity and justice.

#### **A Short-Term Model**

Counselling Services applies a short-term, goal-oriented model to individual counselling. The main focus is to facilitate adjustment to university, reduce emotional distress, and foster resilience to help students continue attending university and pursue their academic, career, and personal goals. Counsellors work to facilitate healthy functioning, problem resolution, or symptom relief as quickly as possible. Students who present with persistent and chronic psychological, emotional, or mental health concerns and require continuous long-term treatment are best served by community providers who can offer uninterrupted treatment and care.

#### **COUNSELLING SERVICES CONTINUED**

## Issues commonly addressed through individual or group counselling

- > Academic-related issues (motivation, perfectionism, interpersonal communication, self-discipline)
- Mood or self-esteem (depression, anxiety, self-esteem, social anxiety, self-destructive behaviors)
- > Relationship issues (conflicts, communication, break-ups, assertiveness, etc.)
- Adjustment (dealing with transitions, new life circumstances, etc.)
- > Grief and loss
- Trauma
- > Sexual assault

2407
Hours of individual counselling to 706 students



## No Shows and cancellations down to **11%** (317 hrs) of total scheduled appointments

This is a significant drop from the previous year (16%/570 hours), and in years previous, where no show-cancellation rates were running as high as 35-40%.



# INDIGENOUS SERVICES FOR STUDENTS







Indigenous Services for Students works collaboratively with multiple departments across the university to support the success of Indigenous students, while acknowledging the diversity in their identities, cultures, languages and experiences as they pursue academic studies. The delivery of student support services is guided by the 4 R's: Indigenous people seek an education "that respects them for who they are, that is relevant to their view of the world, that offers reciprocity in their relationships with others, and that helps them exercise responsibility over their own lives." - (Kirkness & Barnhardt, 1991) Indigenous Services for Students actively engages with the Indigenous community stakeholders to ensure cultural authenticity and the inclusion of Indigenous voices in its work on campus.

#### **Programs and services**

#### **OUR SERVICES**

Elders Program, Academic and Transition Support Services, Peer Mentorship, Indigenous Advisory, Cultural Programming, Community Engagement

#### OUR ROLF

Advocacy, Advising, Student Support, Liaising, Networking, Engagement with Internal and External Stakeholders and Committees

#### OUR PARTNERS

Indigenous Community, Future Students' Office, Student Affairs, Academic Faculties, Indigenous Student Council, KPU Committees

# STAFFING 1 Manager 1 Coordinator, Indigenous Student Transition and Engagement 1 Coordinator, Indigenous Recruitment and Outreach 1 Elder

#### INDIGENOUS SERVICES FOR STUDENTS CONTINUED

#### **Strategic Priorities**

## Indigenous Student Services: Orientation & Transition Supports

- » Engage in proactive 1:1 and group outreach to support student transition, success and retention; explore opportunities to expand service delivery to other campuses
- » Develop, implement, assess and continuously improve Indigenous student orientation and early intervention strategies
- » Continue to promote student participation in Orientation & Transition events, programming and initiatives, such as Indigenous online orientation and the Indigenous Book Club.

#### 2 Student Engagement & Community Building

- » Continue to further develop a community through a variety of culturally informed services such as drop-in sessions, workshops, cultural activities, contests and other initiatives
- » Expand the Elders Program to increase the level of culturally relevant supports and student access to cultural teachings, guidance and community engagement
- » Collaborate across departments to support students with appropriate referrals
- » Actively participate in the Early Alert Program
- » Continue partnership to offer student mobility initiatives with Edith Cowan University & explore other exchange programs
- » Promote and refer students to Indigenous supports such as the Indigenous Emergency Assistance Fund (IEAF)

#### 3 Indigenous Student Recruitment

- » Engage in targeted outreach to local school districts and urban community organizations
- » Continue to participate in PSBC and Strengthening Connections virtual fairs as scheduled and in-person community engagement and relevant conferences such as Gathering Our Voices and FNESC Education Conference
- » Actively promote virtual drop-in sessions for prospective students and in-person when safe to

- do so via multiple channels such as email, listservs, and social media campaigns, profiling Indigenous initiatives such as the Indigenous Dual Credit Program
- » Continue to develop a draft Indigenous student recruitment plan in collaboration with the Future Students' Office

#### 4 Enhance Marketing & Communications

- » Develop newsletter and digital marketing strategy
- » Create and revise existing recruitment materials including a website redesign to better reflect the student population

#### 5 Create a Sustainable Service Model

- » Engage in meaningful and authentic assessment of student needs and evaluation of services
- » Collaborate with the Office of Planning and Accountability to create an Indigenous student survey and student focus groups
- » Continue to build capacity with appropriate levels of professional and student staff
- » Engage in ongoing professional development

## 6 Support University-wide Indigenization and Decolonization Initiatives

- » Increase broader understanding of the Indigenous student experience; share resources on creating culturally safe spaces and strategies for improving the institutional climate for a diverse Indigenous student population
- » Take an advisory role to various university and community members
- » Participate on the Indigenous Advisory Committee
- » Collaborate with University partners to develop Indigenous-specific employee training and awareness, such as the Indigenous Awareness Modules

#### INDIGENOUS SERVICES FOR STUDENTS CONTINUED

#### **Initiatives and Highlights**

- Developed and launched an Indigenous Online Orientation course to help EASE THE TRANSITION TO POST-SECONDARY STUDIES FOR NEW INDIGENOUS STUDENTS.
- Began planning to expand the Elders Program to BROADEN AND INCREASE CULTURAL SUPPORTS FOR INDIGENOUS STUDENTS. A re-envisioning of the program to INCLUDE CULTURAL ADVISORS AND THE ADDITION OF A FEMALE ELDER/CULTURAL ADVISOR is being done in consultation with the Indigenous Advisory Committee.
- Participated in the STRENGTHENING CONNECTIONS VIRTUAL RECRUITMENT FAIRS held in over 14 regions throughout the province.
- Initiated prospective Indigenous student ONLINE DROP-IN SESSIONS and delivered several VIRTUAL RECRUITMENT PRESENTATIONS, in collaboration with the Future Students' Office, to regional school districts.
- Facilitated the certification of two Indigenous peer mentors in the NASPA (Student Affairs Administrators in Higher Education) Virtual Certified Peer Educators (CPE) training program. As KPU's return to campus plan unfolds, ISS will be HIRING AND TRAINING ADDITIONAL STUDENT PEERS.
- Launched a VIRTUAL INDIGENOUS BOOK CLUB intended to foster a space for new learning, respectful sharing and inquiry, and collaboration by bringing together students, faculty, staff and Elders. The first book was Potlatch as Pedagogy by Dr. Sara Davidson and Robert Davidson, her father and internationally renowned Haida artist and carver. Participants then read Dr. Kim Anderson's book, Native Women and Life Stories. Both authors attended the dialogues sessions with over 35 students, faculty and staff participating in the sessions. The Book Club will be an ongoing initiative.
- Collaborated on planning and delivery of KPU's first INDIGENOUS DIALOGUE SERIES intended to bring together students, faculty, staff and members of the KPU community to listen to and engage with renowned Indigenous scholars and leaders. More than 250 PEOPLE REGISTERED for the inaugural event featuring Dr. Jo-ann Archibald, Q'um Q'um Xiiem, KPU Chancellor Kwuntiltunaat (Kim Baird), KPU governor Rhiannon Bennett and KPU student, Samantha Jack, and moderated by President and Vice-Chancellor Dr. Alan Davis.
- Organized and held events for NATIONAL INDIGENOUS HISTORY MONTH 2021 that included videos from Elders, Lekeyten and Cheryl from Kwantlen First Nation, KPU's Chancellor, Kwuntiltunaat (Kim Baird) and President Davis. Presentations were held on Indigenous Language Revitalization, Modern Storytelling and a workshop on Indigenous wellness through art and storytelling with over 80 students, faculty, staff and community members participating in the events.
- Continued collaboration with KPU International on a VIRTUAL INDIGENOUS STUDENT STUDY TOUR with the Kurongkurl Katitjin Centre at Edith Cowan University in Australia.

#### 2020 Student Satisfaction Survey (Fall 2020)

**INDIGENOUS STUDENTS** 

of Indigenous students are satisfied with their educational experience of domestic students at KPU identify as **Indigenous** 

of Indigenous students are first generation students

Source: Office of Planning & Accountability: July 14, 2021

## WHAT OUR STUDENTS SAY 🛱





#### DAMANPREET **GARCHA**

#### Q: How did you come to study at KPU?

A: When applying to universities, I did all the research that I could do. My main fear of entering

university was the idea of presenting to a large lecture hall! I was pleasantly taken by the fact KPU had small classroom sizes and was enticed right away. I was used to studying in small schools, both elementary and high school, and what I loved about those experiences was the sense of community it created. When I researched KPU, I felt that same feeling, so I knew I had to attend.

#### Q: What program/major are you graduating with, and what do you hope to achieve once you have left KPU?

A: I graduated with a BBA in Marketing Management. The biggest thing I learnt about myself during the program is that I can't work solely to make money. I find purpose when I know I'm helping others in whatever capacity. I hope that I'm utilizing my marketing skills to make the world better as I move into my career.

#### Q: How do you reflect on your KPU experience now that you've finished?

A: I feel content and super thankful. I can without a doubt say that I took advantage of every opportunity KPU had presented to me. I have grown so much from the 17-year-old Daman that came to KPU in 2014. I had a lot of successes, and they gave me so many experiences and relationships I could never have dreamed of. I made mistakes, and tried my best to learn from them, growing into a well-rounded individual.

#### Q: What kinds of opportunities were you involved with outside of your formal classes and what was the impact of those experiences?

A: As previously mentioned, I was part of a lot. I worked at KPU in a few different roles, Student Assistant at the KPU Library, Student Ambassador at the Future Students Office, Student Assistant at KPU Volunteer Services, and Student Assistant at KPU Orientation.

I volunteered as President of KPU's Marketing Association, Founder of KPU Pause for a Cause Club, Orientation Leader for the KPU Orientation-Team, and the Richmond Campus Representative for the Kwantlen Student Association.

I think the biggest impact of these experiences were the relationships I got out of them. In classes, I only started making friends in my third year since that's when I consistently saw people. The friends I met through volunteering were constantly taking part in the KPU community and I saw them all the time at university events. They were there because they wanted to be, and felt the same sense of wanting a community.

#### Q: What kinds of student services and supports were important to your success at KPU (and why)?

A: Orientation O-Team Leader volunteer development and training were very important to me. The platform was very well thought out and helped me grow as a person, student and leader.

The Kwantlen Student Association benefits were also very important through my time at KPU. The discounted gym passes and movies passes were fun perks that I took advantage of regularly.

#### Q: What was your most impactful experience during your time at KPU, and how has that shaped you as **KPU graduate student?**

A: I would have to say becoming the President of the KPU Marketing Association (KPUMA). I joined the club as a first-year representative and then 3 years later there was the opportunity to run for President.

#### WHAT OUR STUDENTS SAY CONTINUED

#### **DAMANPREET GARCHA** CONTINUED

I was extremely scared and hesitant to do so, but something told me that if I didn't try that I would regret it.

After I was voted to be President, I was suddenly more 'visible.' All the students, teachers, and our industry partners knew who I was and there was an expectation to meet and exceed the work done by the Presidents before me. I wasn't just reading things in textbooks anymore; I was applying the things that I learnt in the classroom to real life situations.

## Q: What advice would you give future students thinking about coming to KPU?

**A:** Don't always be in a rush to go home. Make sure you stick around and check out what KPU has to offer. You won't regret it! The only way to get involved is to take initiative and find the people and services that help you grow.

## **Q:** What lessons have you learned about yourself along your journey through KPU?

A: I've learned that I am capable of being a strong community leader. I like being challenged and being told no, it only makes me work harder and excel at what's in front of me.



#### SARAH KHAN

#### Q: How did you come to study at KPU?

**A:** I initially applied to KPU from high school, choosing it for of the intimate class structure as

well as the location. KPU provided a welcoming and inclusive environment which made my choice easy to stay. I completed my Bachelor's Degree in Health Science in Spring 2020, and I am now once again attending KPU to pursue my Post-Baccalaureate Diploma in Accounting.

## Q: What program/major are you graduating with, and what do you hope to achieve once you have left KPU?

**A:** I will be graduating with a Post-Baccalaureate Diploma in Accounting. Once I graduate, my goal is to work as a junior accountant and gain experience while preparing to pursue my end goal of becoming a Chartered Professional Accountant (CPA).

## Q: How do you reflect on your KPU experience now that you've finished?

A: After graduating from the Health Science program, I would say that my experience at KPU has helped me to achieve immense personal growth. I've had the opportunity to be a part of a variety of experiences other than just learning in the classroom, including travelling to Calgary and representing KPU in Enactus competitions, planning and hosting social events for religious and cultural holidays like Ramadan, and making long-lasting friendships and many connections within the KPU community.

## Q: What kinds of opportunities were you involved with outside of your formal classes and what was the impact of those experiences?

A: I was involved in a few clubs at KPU including the Muslim Student Association (MSA) and Enactus. I am also currently volunteering and working as a Student Assistant for the KPU Peer Wellness Program. The biggest impact of these experiences was definitely the people that I worked with. Working as a team with such amazing and driven individuals brought a sense of inclusivity and inspired me to take on new opportunities. Putting yourself out there to take on new roles, responsibilities and challenges is not an easy thing to do; however, if you have a supportive and encouraging team around you, it makes the process a lot more enjoyable and rewarding.

## Q: What kinds of student services and supports were important to your success at KPU (and why)?

**A:** Academic advising was essential to my success at KPU. Preparing for and planning classes can be challenging, especially when certain classes are only

Continued on next page

#### WHAT OUR STUDENTS SAY CONTINUED

#### SARAH KHAN CONTINUED

offered in some semesters. I found meetings with my academic advisor to be exceptionally helpful. I always left the appointment feeling informed, prepared and reassured that my plans for the following semester and graduation were on the right track. I also very much enjoyed using KPU Career Connection to find job and volunteer opportunities. Through this platform I was able to find an amazing Summer job placement, as well as the KPU Peer Wellness volunteer position which led me to become the Student Assistant for the program. KPU Career Connection was important to my success at KPU because I was able to find opportunities to improve and learn skills like time management and problem solving from work and volunteer experience which I could then apply to my daily life tasks and studying.

## Q: What was your most impactful experience during your time at KPU, and how has that shaped you as KPU graduate student?

**A:** My most impactful experience at KPU was when I was selected as a recipient of the Student Leadership Award. It was an amazing experience to be recognized for all the work and time spent towards organizing events that promote interaction and community building amongst KPU students. This experience continues to inspire me and motivate me knowing that hard work will pay off in the end.

## Q: What advice would you give future students thinking about coming to KPU?

**A:** If you're a prospective student looking to experience hands-on learning, KPU will most certainly provide you with this throughout your studies, helping you to develop skills that you can proudly put on your resume to help you stand out. KPU also provides a ton of extracurricular activities that will enable you to develop new skills and improve your personal growth.

## Q: What lessons have you learned about yourself along your journey through KPU?

**A:** I have learned that it's okay to change your mind and study something completely different from

what you originally intended. If I had to do it all over again, I would have allowed myself to be more experimental with taking courses from a wider range of disciplines. I was always interested in science; however, I was also very interested and much better at business courses, which has now lead me to pursue a career in accounting.

#### Q: Did you have any final thoughts to add?

**A:** I would recommend to future students who are unsure of what they want to study to take the Introduction to Higher Education class which will help you decide what you really want to do.



#### MICHELLE SUAREZ

#### Q: How did you come to study at KPU?

**A:** When I moved to Canada from the Philippines, KPU was one of the schools I had already been

considering because of the hands-on approach that KPU offers as a polytechnic university. The interactions you get with smaller class sizes was much more appealing to me, as I personally prefer learning through collaboration and open discussions.

## Q: What program/major are you graduating with, and what do you hope to achieve once you have left KPU?

**A:** I first completed my Diploma in Business
Management and continued with finishing my BBA in
Marketing Management. My goal was to work for an
organization where I can apply and develop my skills
and contribute to the organization in a meaningful
and personal way.

#### WHAT OUR STUDENTS SAY CONTINUED

#### MICHELLE SUAREZ CONTINUED

## Q: How do you reflect on your KPU experience now that you've finished?

A: My experience at KPU certainly helped me gain the confidence and experience I needed to take on any challenge. It gave me a chance to collaborate on projects, work with businesses and organizations and expand my network. From the instructors who were so open to providing guidance with advice, to the clubs and events that I was fortunate to be a part of, my time at KPU has helped me to create multiple and diverse experiences and build meaningful relationships along the way.

## Q: What kinds of opportunities were you involved with outside of your formal classes and what was the impact of those experiences?

A: I've always been active in volunteering at KPU, including such groups as KPU PRIDE and KPU Orientation. Volunteering has provided amazing opportunities for me to meet new people, build relationships and develop new skills that will last a lifetime.

## Q: What kinds of student services and supports were important to your success at KPU (and why)?

A: Being a KPU Volunteer has been an amazing experience for me, making my time at KPU so much more enjoyable than I could have imagined. The Learning Centre (TLC) was also an extremely important resource for me. From peer tutors, to accessing writing guidelines, the resources that I was able to utilize through TLC helped me immensely with my class projects.

I also value my experience as a co-op student. I'm glad that I am able to apply the knowledge and skills I've learned at KPU to oversee events, projects and campaigns at the KPU Career Development Centre, where I'm grateful to now work full-time as a Career Services Officer.

## Q: What was your most impactful experience during your time at KPU, and how has that shaped you as KPU graduate student?

A: My experience as a co-op student absolutely helped shape me as a KPU graduate. Through my experiences working with diverse employers and colleagues, I learned how to build individual and team relationships and gain confidence in my skills. Organizing and managing events has also been something I've learned to love; everyday has been a new and exciting challenge.

## Q: What advice would you give future students thinking about coming to KPU?

A: KPU is all about applying what you learn and to be open and flexible to trying new experiences. There are also so many great resources available to students, so take advantage of them! Know that you are not alone in this journey and that you have people within KPU that are here to support you with your education and career development.

## Q: What lessons have you learned about yourself along your journey through KPU?

A: I've learned not to be afraid and to always be open to new challenges. As a new immigrant, I had a lot of fears and worries when I first entered university, but thankfully, I've been fortunate to meet peers, instructors and now colleagues who have been very encouraging and supportive. I've gained so much confidence in myself and I feel that I have grown both personally and professionally after completing my degree.

#### Q: Did you have any final thoughts to add?

**A:** Overall, I'm just so thankful for the opportunities I've had at KPU and the people I have met along the way.

## MULTI-FAITH CENTRE

## **Department Mission**

The Multi-Faith Centre (MFC) consists of faith-based and secular volunteers from external organizations who support the KPU community. This interfaith approach to spiritual wellness, provides individuals with opportunities to connect, learn, and engage in meaningful dialogues around religious, cultural, and secular topics.

#### **Programs and services offered and current priorities**

» UN World Interfaith Harmony Week » Open Mic Series » Book Clubs » Charity Food Drive » Stress Busters

#### **Strategic Challenges**

- A Increase visibility and engagement with the Multi-Faith Centre
  - » As a student service the MFC is focused on supporting the needs of KPU students.
  - » Students are still largely unaware of the Multi-Faith Centre and the roles of the chaplains

#### **Strategic Responses**

- Develop engaging programming such as the meditation series, social justice and religious diversity dialogues and the celebration of the UN Interfaith Harmony Week.
- Collaborate with Indigenous Services to provide a more fulsome and inclusive spiritual offering that includes Indigenous perspectives.
- Provide interfaith education that will focus on developing greater understanding among the KPU community about different faith traditions utilizing academic, theoretical and practical approaches.
- 4 Continue to engage with student clubs such as the Muslim Student Association and the Kwantlen Christian Fellowship and recruit new student volunteers to MFC meetings and events, to cultivate authentic interfaith relationship building between diverse faith traditions at our institution.
- Attend and participate in larger student focused events such as First Year Festival, Welcome Back and Thrive Month to bring awareness to the MFC and its role at KPU.

- 6 Support and build an inclusive and diverse campus
  - » The Multi-Faith Centre embraces and promotes diversity and inclusion through their interfaith coalition and programming.
  - » The MFC focuses on providing the KPU community with opportunities to practice, celebrate, and explore religious/secular diversity that promote inclusiveness on campus.

#### **STAFFING**

&&&& 4 Chaplains

#### **Initiatives & Highlights:**

Fall Dialogue – 29 Spring Dialogue - 8

Summer Dialogue - 23

**Total** 

60

participants



## **ORIENTATION & TRANSITIONS**





Orientation and Transitions (O&T) facilitates the orientation, transition, and engagement of new students to Kwantlen Polytechnic University's academic, cultural, and social environments in partnership with student service departments and faculties. We support new students in their transition by familiarizing students with KPU's values, community, and people. We provide services, resources and experiences through orientation events and transition initiatives. Our events, programs, and initiatives focus on supporting and engaging students throughout their first year, from conversion to the end of their first academic year at KPU.

## Programs and services offered and current priorities

- » New Student Orientation Initiatives:
  - Live Virtual Orientation
  - Online Orientation Moodle Course
  - First Year Festival two weeks of flexible student programming
  - Welcome Boxes
- » Live Virtual Family Orientation
- » Virtual Orientation Leader Program
- » Orientation Planning Committee

STAFFING		
&	1 Manager	
&	1 Coordinator, Student Transitions	
8	1 Events Specialist	
888	<b>3</b> Student Assistants	
&&& &&&	6 Student Volunteers	

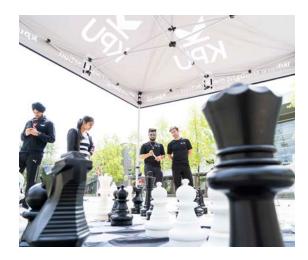
#### **ORIENTATION & TRANSITIONS CONTINUED**

#### **Strategic Challenges**

- A Supporting the large volume of first-year students and their needs through their transition
- B Developing an ecosystem that supports students' sense of belonging at a commuter based, multi-campus university
- C Supporting needs of an increasingly diverse student population
- D Improving quality and increasing scope in a sustainable way

#### **Strategic Responses**

- Develop quality events, programming and initiatives that support first-year transitions from the point of acceptance through to the end of their first year at KPU.
  - » Continue to improve and expand existing orientation programming
  - » Create new programs that meet the needs of students, such as KPU Collective mentorship program, early summer orientation, and events for new graduate/post-bac students
  - » Leverage technology and learning to develop a more effective hybrid orientation model for the "new KPU"
  - » Use student development theory and apply empirically sound approaches to practice effective programming encouraging grit, resilience and a sense of belonging for the students' journey
- 2 Strategically plan and implement a university wide approach to support first year student needs through cross department and faculty collaboration and cooperation
  - » Work closely with departments with similar mandates to support first-year students
  - » Strengthen communication between O&T and other stakeholders, including student leaders, students, faculties, and other departments



- » Engage in intentional planning that aligns and compliments current and future initiatives to the rhythm of the academic year and student needs to facilitate success
- » Explore ways to increase faculty engagement in O&T planning, coordination and initiatives

#### 3 Better leverage student leader involvement

- » Invest in the student experience of leaders and enhance the role of student leaders and Collective mentors
- » Provide quality training and development for student leaders
- » Create a sense of community amongst student leaders and new students beyond first semester
- 4 Raise the profile and create a new brand for KPU Orientation to increase participation rates
  - » Develop a brand that is inclusive and reflects our vision, mission, and values
  - » Design a hybrid approach to orientation to serve more new students
  - » Through a strategic enrollment management lens, emphasize that orientation is one of the first impressions of KPU for incoming students

#### **Initiatives and Highlights**

**FALL 2020** 

1,726

New students registered for live virtual orientation

1,262

Welcome boxes

**SPRING 2021** 

633

New students registered for live virtual orientation

359

Welcome boxes ordered

Hosted **29** different First Year Festival Sessions with campus partners like Sport and Rec, KPU International, TLC, and the KSA

**SUMMER 2021** 

1,214

New students registered for live Virtual Orientation

425

Welcome boxes ordered

Expanded to **37** different First Year Festival Sessions in partnership with Sport and Rec, the Multi-Faith Centre, Library, SRRO, TLC, Faculties, and more

FAMILY ORIENTATION

1,139

Registrants for live Virtual Family Orientation

TOTAL

3,573

Students registered for live Virtual Orientation

2,046

Welcome boxes ordered

2,254

Students enrolled in the Online Orientation moodle course

- **₹ 79%** of respondents WOULD RECOMMEND ATTENDING ORIENTATION to other new students
- **♥ 90%** of respondents WOULD RECOMMEND FAMILY ORIENTATION to other parents/guardians or student supporters

## SPORT AND RECREATION





Sport and Recreation at Kwantlen Polytechnic University is dedicated to providing services and programming for the entire community. Since its redevelopment, Sport and Recreation has offered sport and fitness programs that are low barrier and inclusive. The department provides employment to students looking to work at the facilities and leadership opportunities through running or supporting intramural sport leagues. Sport and Recreation has aligned its programming in support of KPU's Vision 2023 and continues to engage a diverse campus community through innovative programs and activities, up to date facilities, and collaborations.

#### **Programs and services offered and current priorities**

- » Sport Intramural Programs (Badminton, Indoor Soccer, Basketball, Volleyball)
- » Drop-In Sport Programs
- » Fitness and Wellness Programs
- » Specialty Fitness Classes

- » Personal Training
- » Fitness Centres
- » Sport and Recreation Tournaments
- » Online Wellness Club
- » Wellness in Action Program
- » Health Promotion Events

#### SPORT AND RECREATION CONTINUED

#### **Strategic Challenges**

- A Promote health and wellness across KPU
  - » Increasing physical activity amongst the KPU community through awareness, education and addressing sedentary behaviour.
  - » Showing how physical wellness plays an instrumental part in the overall health and wellness of students.
  - » Engaging the KPU community to re-establish social connection through sports.
  - » Ensuring facilities are safe spaces that are welcoming to all including historically marginalized groups such as LGBTQ2+, Indigenous and students with a disability.
- B Increase student engagement and develop leadership opportunities
  - » Leadership opportunities are a way for students to cultivate skill sets that will prepare them for the future.

#### **Strategic Responses**

- 1 Enhance and expand online and in person programming to include a variety of fitness classes, e-sport leagues/tournaments and other recreational programs.
- 2 Utilize student leaders to support intramurals, e-sports and social media campaigns.
- Provide quality resources in support of a healthy campus, such as asynchronous programming and accessible online tools.
- 4 Actively participate in Indigenization by including Indigenous themes in National Health and Fitness Day, and highlighting Indigenous sport in regular programming.
- 5 Provide cultural awareness training to all department staff, including student assistants.
- 6 Install inclusive signage to support a diverse and inclusive campus.

#### **Initiatives and Highlights**

#### Virtual fitness classes

Fall 2020 786 PARTICIPANTS

Spring 2021 544 PARTICIPANTS

Summer 2021 447 PARTICIPANTS

Total 1777



**Esports** 

Summer 2021

17 PARTICIPANTS

#### Wellness in action

Fall 2020 3 PARTICIPANTS

**Spring 2021 8 PARTICIPANTS** 

Summer 2021 2 PARTICIPANTS

Total 13

#### **STAFFING**

8

1 Manager

<u>&</u>

1 Fitness & Wellness Coordinator

8

1 Sport & Recreation Programs Coordinator 88

2 Student Assistants

888

3 Fitness Instructors

# STUDENT AWARDS AND FINANCIAL ASSISTANCE





Student Awards and Financial Assistance (SAFA) supports student success by reducing financial barriers and recognizing student achievements. SAFA's commitment to meeting students' financial needs is demonstrated by way of delivering quality and timely services.

With the sudden changes related to COVID-19, SAFA has discovered how resilient and creative the department is as a whole. Through the strength of the combined competencies of the staff and leveraging technology, SAFA plans on moving forward with what we've learned to serve students better.

## Programs and services offered and current priorities

- » Awards & Scholarships
- » Adult Upgrading Funding
- » Bursary Program
- » Part-Time Studies Funding
- » Individualized Financial Planning
- » Emergency Financial Assistance
- » Work-Study
- » Funding for Students with Permanent Disabilities
- » Government Loans and Grants
- » Targeted Supports for Former Youth in Care and Indigenous students

### STAFFING

**1** Manager

Coordinator,Scholarship & Awards

**&&&& 4** Financial Aid Advisors

Assistants

#### STUDENT AWARDS AND FINANCIAL ASSISTANCE CONTINUED

#### **Strategic Challenges & Responses**

- Increased financial need: Assessed and unmet student needs
  - » Support students through 1-on-1 advising and relevant workshops
  - » Collaborate with key stakeholders such as KPU Advancement
  - » Advocate for financial support for students
- 2 Serving diverse student populations and diverse student needs
  - » Identify and strengthen the support initiatives for marginalized student populations, including single parents, students with disabilities (visible and invisible), former youth in care, Indigenous students, and international students
  - » Act on creating a respectful and anti-racist space for all to feel safe and included
- 3 Enhancing the student experience by celebrating student contributions and achievements
  - » Administer scholarships and awards through a fair, equitable process
  - » Advocate for increases in merit-based (e.g. GPA and extra-curricular) and need-based awards and scholarships
  - » Commit to continuously improve processes and procedures to ensure effectiveness and efficiency
- 4 Raise the profile of SAFA and expand the reach to students
  - » Improve the communication, marketing and brand of SAFA, including a website redesign
  - » Collect and share data with key stakeholders
  - » Join "getting to know you" with different departments
  - » Leverage Banner communication capabilities to proactively reach out to different groups of students based on shared issues, concerns, and programs

- 5 Be agile and responsive in a fast-paced, changing economy, impacting student affordability needs
  - » Engage with KPU IT and Student Aid BC in the BC Student Aid Modernization project
  - » Find ways to utilize technology to improve efficiency and reduce environmental impact
- 6 Establish best practices and raise the standards of service
  - » Document kept knowledge
  - » Share best practices
  - » Ensure all SAFA staff complete all KPU training and professional development activities geared towards EDI and Indigenization



#### STUDENT AWARDS AND FINANCIAL ASSISTANCE CONTINUED

#### **Initiatives & Highlights**

- ✓ Launched the self-identification question on Education Planner BC for Former Youth In Care applicants an initiative that allowed us to REACH OUT TO YOUTH WITH LIVED EXPERIENCE IN CARE and help them navigate the different FINANCIAL RESOURCES AND SUPPORTS AVAILABLE to them as they apply for admission to KPU.
- ◆ Partnered with Faculty of Arts in providing REGULAR WORKSHOPS TO INCREASE AWARENESS OF FORMER YOUTH IN CARE students to the various KPU supports available.
- Presented at INFORMATION SESSIONS put on by the Ministry of Children and Family Development.
- ✔ Participated in KPU STUDENT INITIATIVES such as Open Houses, Orientation, Info Sessions, High School Counsellor Conference, Fall Applicant Night and Thrive.

Awarded over

#### **\$1.2** MILLION

in awards and scholarships to

960 STUDENTS

Disbursed over

#### \$1.2 MILLION

in bursary funding to **1060 STUDENTS** 

Disbursed **\$140,000** 

Government Emergency
Bursary to students to help
with COVID-19

Disbursed over **\$40 MILLION** 

in government loans and grants

Disbursed

\$30,000

emergency bursaries to international students

**ADVISOR SCHEDULED** 

Appointments

1693

**Phone Inquiries** 

7431

#### FINANCIAL AID ADVISING STATISTICS. YEARLY TOTALS

BC Full Time Loan/Grant	\$ 36,893,738
Out-of-Province Full Time Loan/Grant \$357,522	
Part-time Loan/Grant	\$ 2,556,104
Full-time/Part-time Disability Grants	\$ 1,871,991
US Full-Time Direct Loans \$ 28,865	
Adult Upgrading Grant \$16,865	

## STUDENT HEALTH PROMOTION

## **Department Mission**

The Health Promotion department was created two years ago in support of the Healthy University Initiative goals. The department recognizes that wellness is holistic and interconnected, and an iterative approach is required to address key priority areas for the university. As such, Health Promotion takes a proactive approach to not only address individual behaviors but also to identify and remove systemic and environmental barriers that impede health and wellness. Departmental activities and services are aligned with Vision 2023 and are focused on the six dimensions of wellness: physical, mental, emotional, social, spiritual and financial.

#### **Strategic Challenges**

- A Increasing health awareness throughout the KPU community.
  - » Health Promotion is a proactive measure that aims to target issues before they manifest.
  - » The department strives to provide resources, information and programming to increase awareness.
- B Building individual and organization resilience.
  - » Supporting the individual in developing skills that will increase resilience or help-seeking behaviour.
  - » Supporting the institution in integrating health and wellness and become a health promoting university.
- C Developing a supportive, inclusive campus environment.
  - » Open system educational institutions support help-seeking behaviours in at-risk populations.
  - » Adopting decolonization practices and actively creating safe spaces on campus for marginalized populations.

#### **Initiatives and Highlights**

Thrive month

CampusWell Blog

visits, 2792 unique visitors

#### **Strategic Responses**

- 1 Develop a Peer Wellness Program in support of three main goals:
  - » Increase health and wellness awareness
  - » Provide resource referrals
  - » Increase social connection on campus
- 2 Collaborate with other departments and faculties to support campus-wide health promoting events such as Thrive Month and community engagement.
- 3 Consult with key stakeholders to identify key priority areas and establish an action plan to address them.

#### **STAFFING**

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1 Coordinator, Student Health Promotion

1 Student Assistant

5 Volunteers

**Out-in-Schools Workshop** (Fall 2020)

participants

















#### kpu.ca/student-affairs

#### **KPU CIVIC PLAZA**

13485 Central Ave Surrey, BC

#### **KPU LANGLEY**

20901 Langley Bypass Langley, BC

#### **KPU RICHMOND**

8771 Lansdowne Rd Richmond, BC

#### **KPU SURREY**

12666 72 Ave Surrey, BC

#### **KPU TECH**

5500 180 St Surrey, BC