



Surrey Fitness Centre

Hours:

January 26 – February 4th – 9:15am - 4:45pm

February 7th Onwards – 8:15am - 9:45pm

Restrictions

Please note the following:

- Maximum of 6 participants at a time in the fitness centre
- Booking system in effect (Please refer to section below)
- Please arrive no earlier than 5 minutes prior to your time slot
- Come prepared to workout
- Fitness centre has demarcated areas and only 1 person is permitted in that area at a time
- Vaccine passport continues to be in effect
- Masks must be worn between stations in the fitness centre, changerooms and all common areas
- Please be considerate of others and share the space/stations

Booking System

The new booking system will begin on January 26th:

- Please call the front desk at (604) 599 -2980 to book
- 1-hour time slots available (refer to time slots below)
- Bookings can only be done 24-hours prior and 1 per day
- Please have your student/employee ID ready when calling the front desk to book
- Drop in spots may be available but will be on a first come basis

Time slots available at the following times:

- 8:15-9:15am
- 9:30-10:30am
- 10:45-11:45am
- 12:00-1:00 pm
- 1:15-2:15pm
- 2:30-3:30pm
- 3:45-4:45pm
- 5:00-6:00pm
- 6:15-7:15pm
- 7:30-8:30pm
- 8:45-9:45pm