

# Integrating Pain Care

April 12, 2024

8:30AM-4:30PM PDT

| TIME  | SESSION   | PRESENTER   |
|-------|---|---|
| 7:45  | <b>REGISTRATION AND BREAKFAST</b>   |   |
| 8:30  | Welcome, Opening Remarks  | Fiona Dalton, CEO PHC, Dr. Vishal Varshney, PJ Matras   |
| 8:50  | Opening Keynote   | The Honourable Adrian Dix, M.L.A.<br>Minister of Health & Minister Responsible for Francophone Affairs              |
| 9:40  | <b>Concurrent workshops - Choose one</b>  |   |
|       | Trauma and Violence Informed Care: A Focus on Creating Safety in Healthcare Relationships | Julie Carlson, SW   |
|       | Back by Popular Demand: QiGong for Pain   | Susan Reid Schellinck, OT   |
|       | Rising tides: Collaborative learning, care planning and treatment lifts us all            | Dr. Richard McIlmoyle, DC   |
| 10:25 | <b>Break - visit our sponsor booths and showcase presentations</b>                        |   |
| 10:55 | Preventing Opioid Related Harm After Surgery  | Dr. Ainsley Sutherland  |
| 11:40 | <b>Lunch break - visit sponsor booths and showcase presentation</b>                       |   |
| 12:40 | Balancing Act: Exploring Interventional Pain Procedures Panel Discussion                  | <b>Moderator:</b> Susan Reid Schellinck<br><b>Panel:</b> Dr. Aaron Rizzardo, Dr. Michael Butterfield, Keith Meldrum |
| 1:30  | <b>Concurrent workshops - Choose one</b>  |   |
|       | Acupressure: an integrative self-management approach for pain care                        | Dr. Teresa Clarke   |
|       | When Acute Pain Becomes Complex: Pediatric Pain Approaches                                | Kathleen Duddy, NP & Joel Bond, NP  |
|       | Mindfulness and Pain Experience   | Sarah Hearne, PT & Lana Andric, RN  |
| 2:15  | <b>Break - visit our sponsor booths and showcase presentations</b>                        |   |
| 2:45  | How to Make Assessment and Treatment of Migraine Less of a Headache                       | Dr. Michael Butterfield   |
| 3:30  | <b>2nd Annual Dr. William McDonald Keynote Presentation:</b><br>New Pain Approaches       | Dr. John Pereira  |
| 4:15  | Closing Remarks, Draws  | Dr. Vishal Varshney, PJ Matras  |