

## Get the latest information from KPU International Advising!



The most exciting summer has arrived once again in beautiful British Columbia! It's the perfect time to get outside and enjoy the great outdoors. Whether you're just starting your journey at Kwantlen Polytechnic University (KPU) or nearing the end of your studies, we hope you're making the most of it. Be sure to check out these upcoming events you won't want to miss.

[Playland](#) is back for 2024! Vancouver's beloved amusement park will be offering thrills and excitement for visitors of all ages from May 18<sup>th</sup> to Aug 16<sup>th</sup>, 2024. Save up to \$12 off the gate price when you go with a group!

### Health Insurance for International Students

As an international student, having **health insurance** is critical to avoid unnecessary and unexpected financial burdens while studying in Canada. Without insurance, medical and emergency care can be extremely expensive.

To learn more about **different types of insurance applicable to KPU international students**, visit [Health Insurance for International Students](#).

Still have questions? Check out the [Health Insurance Booklet](#) or contact our **International Student Life Coordinators** by email at [intlstudentlife@kpu.ca](mailto:intlstudentlife@kpu.ca).



### National Health & Fitness Day - KPU Richmond

Mark your calendars for KPU's Health Promotion and Sport & Recreation events in celebration of [National Health and Fitness Day](#)! This annual initiative motivates Canadians to get up, get out, and get active in any way that feels great!

On Tuesday, Jun 4, join the Wellness Walk **at KPU Richmond Campus**. This event is a great opportunity to meet your fellow students, faculty, and instructional staff. Come out and enjoy a refreshing walk while connecting with the KPU community!

### KPU International Student Resources

To overcome challenges you may encounter during your studies, you can find resources from [here](#) for:

- Academic and Non-Academic Support
- Peer Support
- Advisor Support
- IT Support
- Online Learning Support
- Health Support
- Student Life Support
- Career Support

These resources aim to aid your academic and personal well-being along your journey.



### Want to prove your enrolment in KPU?

KPU students can get a **Confirmation of Enrolment Letter** from the **Online Self Service** to prove their enrolment at KPU. This standard letter provides key information about student enrolment, such as faculty, program, number of registered and completed credits.

If you need a personalized letter with more detailed information about your academic enrolment at KPU, [connect with an International Student Advisor](#) to learn if you should get a **Confirmation of Enrolment - Special Purpose Letter**.

Click [here](#) for more information!

### Uphold academic integrity with Draft Coach

[Draft Coach](#), created by Turnitin, is a tool that provides instant feedback on similarities in your assignment, checks citations, and reviews grammar.

It helps you **avoid unintentional plagiarism** and **improve your writing, citations, and grammar**.

This [resource](#) is **free for all KPU students**.



### Health & Wellness

KPU students can access [mywellnessplan](#) for mental health support, offering free anonymous assessments, online counseling, and more. Never hesitate to ask for help even during this challenging time for [Counselling Services](#).

Discover the latest article on "[Social Media Addiction](#)", covering our brain's penchant for positive social interactions, the risks of excessive usage, the distinction between addiction and heavy use, and practical tips for regaining control.

Please feel free to contact us at KPU International if you have any questions or need support!