## PSYC 4010 *Practicum* Information Video

For Summer 2025 Applications

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# Why do a Practicum?

What have other students said?

Exploration info Work Experience Search/Approach Experience Skills & Confidence Contacts

When is the best time to start preparing for a practicum? *[hint: the earlier, the better]* 

When should you complete your practicum? 3<sup>rd</sup> year or 4<sup>th</sup> year? (it depends...)

When do you apply? •Open from November until spots are filled

How does the application process work, and how do you secure a spot?

How do you keep the spot secured? (or *how does one lose a spot*)

### How do students find positions?

□ Overall framework: Your initiative; my support

- The ways students have found positions include: □ Referral from me to a past or new contact □ Through their own direct approaches
- It can be somewhat like seeking a job: □ Search and screening (resume/interview) before agreements

Note: Student initiative has multiple benefits!

□ When do students usually find positions?

# **PSYC 4010**: What does the Practicum summer course involve?

□ 180-220 hours working for employer/host

- What kind of schedule can you work?
- □ Monthly class meetings (with remote/virtual options)
- Weekly log reports, Monthly Reflective Learning Reports
  Final Oral Presentation & digital poster creation
- Professional behavior & communication expected

•How many other courses should I take at the same time? Other work?

## **Practicum Timeline**

Nov/Dec/Jan	Applications & online interviews
November to March	Students explore, seek and secure positions (with consultation & support of Practicum Supervisor)
March	Registration for PSYC 4010 course (after position secured, by permission of Instructor) Note: Spots may fill by February
April	Finalization of positions/contracts if needed
May to August	Practicum work * Schedules and end dates vary
May - July	Monthly class meetings
June & July	Practicum Supervisor Virtual Meetings
Late July or early August	Final Oral Presentations & Assignments due

# What Practicum positions have students done before?

What practicum positions are possible for next summer?

Do students ever get paid positions?

Do students ever get paid work out of a volunteer practicum?

### What do Employers usually say afterward? [it's usually **very** positive!]

#### A little advice from former students:

- Begin research and searching as early as you can.
- Ideally choose a position you might enjoy and/or see as a step towards your goals.
- Don't take too many courses that summer.

### Common Sources for Practicum Positions

- Past PSYC Practicum hosts (usually connected via Instructor)
- Suggestion through Practicum or your other Instructors
- Your own contacts (even family)
- Searchable positions, volunteer opportunities, or services
- Your own neighborhood and internet searches based on interest
- Websites for additional searching based on your interests:
- https://www.volunteerconnector.org/

https://charityvillage.com

https://volunteeringvancouver.ca/volunteer-opportunities/

https://bc.211.ca/

#### <u>Sample Student Voices – What did you gain?</u>

I was pleasantly surprised to discover to what extent my formal education had prepared me for novel situations. I gained work experience and a new perspective on my education and myself. The practicum course will hold a high rank in the most useful courses I have taken during my degree.

I was able to gain better insight to my personal strengths and work on overcoming some of my weaknesses and fears. I gained so much more knowledge than I anticipated going into my practicum. My confidence was significantly improved.

I gained valuable experience in direct contact with and support for individuals with persistent mental illness.

Thank you for this experience. This wasn't a requirement for my degree, but it really helped me realize that I can do it. I've been so anxious of what happens after I finish at KPU, what I would do, and if I could do it.

### Next Steps?

ightarrowSubmit your Practicum Application & Resume

→Virtual interview/meeting with Practicum Instructor →Review/consider:

→PSYC 4010 website information, student videos & posters
 →Past Practicum positions, organizations & your own goals
 →Improve your Resume (KPU Career Services can help)



