



TALK

*Third Age Learning
at Kwantlen*

*Celebrating 25 years of
stimulating lifelong
learning for adults over 50!*

**FALL
2024**

**Courses start
September 24**




KPU

KWANTLEN
POLYTECHNIC
UNIVERSITY

**➤ Online, on-campus
and off-site courses**

CELEBRATE TALK'S SILVER ANNIVERSARY

➤ 25 YEARS OF LIFELONG LEARNING

- Join us in celebrating TALK's 25 years of offering a variety of stimulating courses and other activities suggested by members
- Have fun, renew old friendships and connect with new friends
- Enjoy a light lunch
- Hear special guest and TALK founder Joanne Cunningham describe "The Origins of TALK"
- Take home a commemorative gift ... and some wonderful memories!

Thanks to a grant from the University Diversity and Equity Committee. Registration required by September 20. Register at kpu.ca/talk/courses or email talk@kpu.ca or call the TALK office at 604-599-3077.



DATE:	Saturday September 28
TIME:	11:30 am – 2:00 pm
LOCATION:	Surrey campus conference centre Cedar Building Room 1205
FEE:	FREE to TALK members
GUEST	Joanne Cunningham
FACILITATOR:	Lindagene Coyle, 604.538.0130, lgeecoyle@gmail.com
REGISTER BY:	Fri Sep 20 <i>To register see page 47</i>

TABLE OF CONTENTS

Celebrate TALK's 25th Anniversary	2
Calendars	4
Philosophers' Corners, Fall 2024	8
TALK's AGM Keynote: "Top Scams Targeting Seniors"	10
TALK Courses:	
Develop Your Smartphone Skills	11
Who Needs a Journalist?	12
Massage Therapy	13
Royal Tours of Canada	14
Field Trip: Sunnyside Acres Urban Forest Park	15
West Meets East: Japan's Influence on Western Culture	16
Understanding Totems	17
Armchair Travel: African Perspectives	18
Field Trip: Fort Langley	19
Supporting our Salmon	20
Partnering for Ecology	21
Challenges to the Future of Democracy in Canada	22
How the BC Health System Works	23
How Will Artificial Intelligence Change our Society?	24
Unlocking the Limitless Potential of the Mind	25
The Role of the Nurse Practitioner in BC	26
Vimy Ridge: the Battle and its Impact	27
Making Sense of Climate Change	28
History of Architecture	29
Japanese Culture	30
Market Failures and Government Missteps	31
Small Space Gardening	32
Canadian Nurses in Wartime	33
Depression	34
Fascinating Native Flora of BC	35
How Policing is Changing	36
The Power of Genetics in Agriculture	37
Rising in our Eldership	38
Campus Locations	39
Social Media Links	40
Frequently Asked Questions	41
How to participate in a TALK webinar	44
TALK Registration Calendar	45
How to Register for TALK Events	46

TALK EVENTS CALENDAR

➤ TALK REGISTRATION OPENS SEPTEMBER 4

Here is a very handy link to locate your classroom before you leave the house:
kpu.ca/current-students/find-your-classroom

SEPTEMBER 2024

SUN	MON	TUE	WED	THU	FRI	SAT
1	2 <i>Labour Day Campuses</i>	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24 Develop Your Smartphone Skills 10 am Zoom	25	26 Philosophers' Corner 11:30 am Langley	27 Who Needs a Journalist? 10 am Richmond	28 TALK's 25th Anniversary Celebration 11:30 am Surrey
29	30 <i>National Day for Truth & Reconciliation Campuses closed</i>					

Field Trip	Online	Richmond	Surrey	Langley	Cloverdale
------------	--------	----------	--------	---------	------------

What makes TALK different?

TALK is a participatory learning experience with no quizzes, grades or prerequisites. The learning process is lively, full of discussion, controversy, humour, insight and wisdom. In addition to participating in courses, you can become a course facilitator, plan curriculum, identify speakers, prepare newsletters, recruit new members, help organize special events or promote TALK. For further information on being a TALK volunteer, please visit our website at www.kpu.ca/talk/volunteer.

TALK EVENTS CALENDAR

OCTOBER 2024

SUN	MON	TUE	WED	THU	FRI	SAT
		1 Massage Therapy 10 am Zoom	2 Royal Tours of Canada 1 pm Langley	3 Philosophers' Corner 10:30 am Richmond	4	5
6	7 Field Trip: Sunnyside Acres Urban Forest Park 10 am	8 West Meets East: Japan's Influence 1 pm Surrey	9 Understanding Totems 10 am Zoom	10 Philosophers' Corner 11:30 am Surrey	11 Armchair Travel: African Perspectives 10 am Richmond	12
13 <i>Thanksgiving Campuses closed</i>	14	15 Field Trip: Fort Langley 10 am	16 Supporting our Salmon 10 am Surrey	17	18	19
20	21	22	23 Partnering for Ecology (week 1) 10 am Zoom	24 Philosophers' Corner 11:30 am Langley	25 Challenges to the Future of Democracy in Canada 10 am Zoom	26
24	28 How the BC Health System Works 10 am Langley	29	30 Partnering for Ecology (week 2) 10 am Zoom	31		

Here is a very handy link to locate your classroom before you leave the house:
kpu.ca/current-students/find-your-classroom

TALK EVENTS CALENDAR

NOVEMBER 2024						
SUN	MON	TUE	WED	THU	FRI	SAT
					1 How Will AI Change Our Society? 10 am Zoom	2
3	4 Unlocking the Limitless Potential of the Mind 10 am Surrey	5	6 Role of Nurse Practitioner in BC 10 am Surrey	7 Philosophers' Corner 10:30 am Richmond	8 TALK AGM 10 am Richmond	9
10 Remembrance Day Campuses closed	11	12 Vimy Ridge: the Battle and its Impact 10 am Zoom	13 Making Sense of Climate Change (wk 1) 1 pm Surrey	14 Philosophers' Corner 11:30 am Surrey	15 History of Architecture 1 pm Richmond	16
17	18 Japanese Culture 10 am Langley	19 Market Failures and Government Missteps 10 am Zoom	20 Making Sense of Climate Change (wk 2) 1 pm Surrey	21	22	23
24	25 Small Space Gardening 10 am Richmond	26	27 Canadian Nurses in Wartime 2 pm Zoom	28 Philosophers' Corner 11:30 am Langley	29 Depression 10 am Zoom	30

Uncertain about driving and parking?

Consider carpooling with your friends to TALK events on campus.

TALK EVENTS CALENDAR

DECEMBER 2024						
SUN	MON	TUE	WED	THU	FRI	SAT
1	2	3 Fascinating Native Flora of BC 10 am Zoom	4	5 Philosophers' Corner 10:30 am Richmond	6 How Policing is Changing 10 am Surrey	7
8	9	10 The Power of Genetics in Agriculture 11 am Cloverdale	11 Rising in our Eldership 3 pm Surrey	12 Philosophers' Corner 11:30 am Surrey	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28

Did you know that TALK now has Gift Cards available?

Give your friends the gift of lifelong learning. You can purchase these when you register for courses or at another time.

Go to www.kpu.ca/talk/courses.

Here is a very handy link to locate your classroom before you leave the house:
kpu.ca/current-students/find-your-classroom

TALK'S PHILOSOPHERS' CORNERS

FALL 2024

How does a Philosophers' Corner work? A volunteer researches the chosen topic and outlines, in a 10-minute presentation, some of the most controversial or interesting points for participants to wrestle with during the discussion. Then, attendees can weigh in with their own thoughts. A moderator keeps track of whose turn it is to speak.

This is different from a regular TALK course, where an expert does most of the talking. We all have a lifetime of wisdom and a Philosophers' Corner is an ideal place to share your thoughts and listen to others' points of view.

You do not have to be a TALK member or over 50 to attend. Attendance is on a first come-first served basis, as space permits.



Richmond Philosophers' Corners will be held at 10:30 am on the first Thursday at Wisteria Place at 4388 Garry Street in Multipurpose Room #1. 604.204.0910. wisteriaplace.ca. There is plenty of free parking. Please check in at the Concierge Desk when you arrive. Wisteria Place is generously providing coffee/tea plus a small snack for a drop-in fee of just \$5. Here are the topics:

- Oct 3** From democracy to tyranny: can it happen?
- Nov 7** Did God invent man or did man invent God?
- Dec 5** What purpose does marriage serve in today's world?

Surrey Philosophers' Corners will be held at 11:30 am on the second Thursday at Crescent Gardens at 1222 King George Blvd. There is a donation of \$2 for the Surrey sessions and an optional fee of \$20 for lunch (soup, main course, dessert, coffee/tea) which **participants must pre-order and bring cash**. Contact jdiston@telus.net for details.

- Oct 10** Wokeism and free speech.
- Nov 14** Artificial Intelligence: is there an autonomous humanoid robot in your future?
- Dec 12** Scams and seniors.

Langley Philosophers' Corners will be held at 11:30 am on the fourth Thursday at City of Langley Library at 20399 Douglas Crescent. There is no charge and the library generously provides tea/coffee and cookies.

- Sep 26** Is our immigration and refugee system effective?
- Oct 24** How do we define what it means to be a good citizen?
- Nov 28** Döstädning: the gentle art of Swedish death cleaning.

How can I find the classroom for my on-campus course?

TALK facilitators put up golden coloured room signs. If you want to have an idea ahead of time, here is an interactive map to find your classroom on campus: kpu.ca/current-students/find-your-classroom.

TALK'S ANNUAL GENERAL MEETING

➤ FEATURING: TOP SCAMS TARGETING SENIORS

Join our local Better Business Bureau (BBB) representative as they address the critical topic of scams targeting seniors.

In this informative session, the BBB will shed light on the various scams that specifically prey on the elderly, providing important insights and tips to help seniors protect themselves from fraudulent activities.

This event promises to be a valuable opportunity for you to enhance your awareness and understanding of the tactics employed by scammers, empowering you to safeguard your financial and personal well-being. Don't miss the chance to be part of this important conversation.

The presentation will be followed by coffee/tea and snacks and a very short annual general meeting, which will include recognition and appreciation of our volunteers.



DATE: Friday November 8

TIME: 10:00 – noon

LOCATION: Richmond campus, Room 2550B

FEE: FREE to TALK members

GUEST PRESENTER: Better Business Bureau

FACILITATOR: Heather Cross, hscross@outlook.com, 604-762-2469

REGISTER BY: Tue Nov 5 | *To register see page 47*

DEVELOP YOUR SMARTPHONE SKILLS

Your smartphone has a multifaceted role in modern learning and personal development. Join us to learn more about accessing free learning modules and how to use them to develop your smartphone skills.

For many individuals, especially those without access to computers or laptops, smartphones serve as a gateway to learning – a compact, portable means of accessing educational resources, communication channels, and information databases. Beyond their traditional role as communication devices, smartphones provide instant access to a wealth of information.

The ability to connect with others and access information with just a touch of a button can provide a sense of security and peace of mind. In times of emergency or uncertainty, having a smartphone can be a lifeline.

The significance of smartphones as learning tools is they offer convenience and accessibility, allowing users to engage with educational content anytime, anywhere. In today's digital age, proficiency with technology is essential. By leveraging smartphones for learning, you can also develop digital literacy skills, empowering yourself to navigate the digital landscape effectively.

Ambreen Ahmad, Managing Director at Metro Toronto Movement for Literacy, will introduce 23 learning modules designed to foster foundational skills using smartphones. These modules cover diverse topics, catering to a wide range of educational needs and interests. Ambreen will share practical tips on how to make the most of these learning modules.



DATE:	Tuesday September 24
TIME:	10:00 – 11:30 am
LOCATION:	ONLINE
FEE:	\$15
GUEST PRESENTERS:	Ambreen Ahmad
FACILITATORS:	Jim Zalusky, 604.368.8500, jimzalusky1958@gmail.com
REGISTER BY:	Thu Sep 19 <i>To register see page 47</i>

WHO NEEDS A JOURNALIST?

How new forms of reporting and publishing are upending the news industry

A 17-year-old girl stands on a street corner in her neighbourhood with her phone held up recording an arrest. Minutes later she posts her video on social media and the brutal death of George Floyd at the hands of a white police officer ignites the Black Lives Matter movement, forces a national reckoning on racism and sends an officer to jail.

A doctor in Gaza stands in blood-stained scrubs talking into a phone, telling of the atrocities happening around him. The clip is posted on social media and adds to the deluge of horrific images coming out of Gaza, triggering protests and outrage throughout the international community.

Some of the biggest stories of our time are being covered by anyone with a phone, which begs the questions: who needs journalists, anyway? With the rise of smart phones and social media apps, anyone, anywhere can report and publish anything. This talk will look at how the news industry has been upended by these new technologies and what that means for the profession of journalism and society at large.

Eve Edmonds has worked in newsrooms across the country for three decades as a reporter, freelancer and editor. Since 2021, she has been teaching in the Journalism/Communications Department at KPU.



DATE:	Friday September 27
TIME:	10:00 – 11:50 am
LOCATION:	Richmond campus, Room 2500
FEE:	\$15
GUEST PRESENTER:	Eve Edmonds
FACILITATOR:	Jean Garnett, 604.277.1130, jeangarnett@shaw.ca
REGISTER BY:	Tue Sep 24 To register see page 47

MASSAGE THERAPY

Have you ever wondered about seeing a Registered Massage Therapist? It isn't just a feel-good experience but can help heal as much as seeing a physiotherapist, chiropractor, or other practitioner. How do you know whether you will find massage therapy beneficial? How do you know what conditions you might have that respond to massage therapy?

“To touch with our hands and heal with our hearts is to renew the miracle and the majesty of serving with integrity to touch.” This is the aim of the West Coast College of Massage Therapy where Vista Amiri teaches. It provides the highest quality of massage therapy education to aspiring massage therapists.

Massage therapy is appropriate for a wide variety of patient populations. Vista will be able to demonstrate some massage techniques a person might do on his own at home for common complaints. She will explain with images or diagrams the muscles involved and what massage results in. She can answer your questions as to how appropriate massage therapy is for you.

Vista Amiri is a Registered Massage Therapist of 14 years and currently a Clinical Instructor at West Coast College of Massage Therapy at the New Westminster campus. She has been teaching in both the classroom and clinical setting at the West Coast College of Massage Therapy for nearly a decade.



DATE:	Tuesday October 1
TIME:	10:00 – 11:30 am
LOCATION:	ONLINE
FEE:	\$15
GUEST PRESENTER:	Vista Amiri, RMT
FACILITATOR:	Sandra Carpenter, 778.688.4181, surreysandra@gmail.com
REGISTER BY:	Thu Sep 26 <i>To register see page 47</i>

ROYAL TOURS OF CANADA

200 years of tradition

Canadians have been welcoming their Royal Family even before Canada was called Canada. This illustrated talk will give a brief overview of Royal Tours up to the most important Royal Visit, when King George VI and Queen Elizabeth toured Canada and the United States in 1939, just before the outbreak of World War II.

The discussion will then focus on Queen Elizabeth II, who visited Canada 22 times, making an indelible impression on Canadians. Royal Tours in the past two years have extended the tradition, making a smooth transition to a new monarch, and contributing to a sense of continuity with the past.

Molly Ungar taught Canadian and Quebec History at a number of universities in Ontario and Quebec plus the University of the Fraser Valley. She has previously given TALK presentations on How We Got to the 49th Parallel and Canadian Politics in the 1930s.



TALK needs volunteers to operate!

Please join our Board, Program Committee or Marketing Committee.
See more details at www.kpu.ca/talk/volunteer.

DATE:	Wednesday October 2
TIME:	1:00 – 2:50 pm
LOCATION:	Langley campus, West Building, Room 2130
FEE:	\$15
GUEST PRESENTER:	Dr. Molly Ungar
FACILITATOR:	Heather Cross, hscross@outlook.com , 604-762-2469
REGISTER BY:	Fri Sep 27 <i>To register see page 47</i>

FIELD TRIP: SUNNYSIDE ACRES URBAN FOREST PARK

Sunnyside Acres Urban Forest Park in South Surrey is a 140-hectare park with a natural, second growth forest that developed after the area was logged in the early 1900s. It was one of the first dedicated urban forest parks in Canada, thanks to Surrey residents voting to protect it in perpetuity in 1988.

Once successful, an inspired group of residents established the Sunnyside Acres Heritage Society, an organization dedicated to ongoing stewardship of the forest. Today, they work closely with Surrey Parks to protect, enhance and raise awareness about this important community asset.

This course will be a guided walk in the forest by a member of the society. Participants should be able to walk slowly for about two hours.

We will meet in the Wally Ross Trail parking lot on the north side of 24th Avenue between 144 and 148 Streets.



DATE: Monday October 7

TIME: 10:00 am – noon

LOCATION: Sunnyside Acres Urban Forest Park, 2598 144 St, Surrey

FEE: \$15

GUEST PRESENTER: Member of Sunnyside Acres Heritage Society

FACILITATOR: Patricia Warshawski, 604.542.7171, pwarshawski@shaw.ca

REGISTER BY: Thu Oct 3 | *To register see page 47*

WEST MEETS EAST

Japan's influence on Western culture

After 200 years of isolation, in 1854 Japanese goods became available. This created a wave of Japonomania that swept across Europe and the U.S.

The Japanese idea that objects considered utilitarian were themselves art inspired a new look in interior design, china, fashion, furniture, architecture, even garden planning. New plants like irises and chrysanthemums were avidly collected.

Artists were excited by the images of masters such as Hokusai and Hiroshige that challenged Western traditions. Klimt, Whistler, Gauguin, Monet, Tiffany, and others adopted Japanese design and composition.

Back by popular demand! Linda Quigley taught art history and studio art classes in Francis Xavier University in Nova Scotia. She has given TALK many fascinating art history courses over the past several years.



DATE:	Tuesday October 8
TIME:	1:00 – 2:50 pm
LOCATION:	Surrey campus, Cedar Building, Room 3050
FEE:	\$15
GUEST PRESENTER:	Linda Quigley
FACILITATOR:	Helen Christiansen, 604.536.8134, helenjeanchr@gmail.com
REGISTER BY:	Thu Oct 3 To register see page 47

UNDERSTANDING TOTEMS

What does the totem pole sculpture mean? The term ‘totem’ refers broadly to the BC northern coastal heraldic sculpture design. It differs greatly to the usage and purpose of the BC southern Indigenous sculptures.

Join Indigenous artist Brandon Gabriel to learn about the many varied Indigenous sculptures, their history, uses, forms, and meaning of these valuable art legacies.

Brandon Gabriel – Kwelexwelsten – was raised in the Kwantlen First Nations in Fort Langley. He was educated in Cultural Anthropology, Visual Arts and Marketing at Kwantlen Polytechnic University and holds a Bachelor of Arts in Visual Arts from Emily Carr University of Fine Arts and Design. Brandon also studied at the Justice Institute of British Columbia. Check out Brandon’s work on www.octopusspirit.com. He has been a teacher, master artist, and entrepreneur and has exhibited his work in several countries including the United Kingdom, Hong Kong, United States and Canada.



Do you have ideas for TALK course topics?

Please send an email to talk@kpu.ca or contact Program Chair Jean Garnett at jeangarnett@shaw.ca or consider joining our Program Committee!

DATE:	Wednesday October 9
TIME:	10:00 – 11:30 am
LOCATION:	ONLINE
FEE:	\$15
GUEST PRESENTER:	Brandon Gabriel
FACILITATOR:	Carol Mitchell, 604.377.1657, cmbmitchell42@gmail.com
REGISTER BY:	Fri Oct 4 <i>To register see page 47</i>

ARMCHAIR TRAVEL: AFRICAN PERSPECTIVES

From her first trip floating down the Zambezi River following the migration of the wildebeest, Judi Angel has been enthralled with the sights, sounds, fragrances, people and animals of Africa. She has visited South Africa, Namibia, Ghana, Uganda, Tanzania, Kenya, Morocco, Zimbabwe, Zambia, Rwanda and Zanzibar.

She has seen the amazing dunes of Namibia and an old diamond mining town, almost consumed by the desert. She has trekked with gorillas and stood on the Cape of Good Hope and visited a colony of penguins. She has hunkered down in a hide to await elephants coming to a waterhole and been mesmerized by stunning colourful birds. She has interviewed a traditional healer in his hut in a small village and been inches away from a stalking lion at night. She has been moved by experiencing the slave forts in Ghana and watched the sun set on some amazing landscapes.

In this session, Judi will show photographic highlights from all these experiences. You will see what makes Africa so unique and special.

Following a career in the non-profit sector, Judi Angel has continued to develop as a photographic artist, with two solo gallery shows at the Zack Gallery. She has created 35 photo books and has a following on social media. Instagram: judiclick Facebook: Judi Angel. Last year, Judi shared with TALK her images from Greenland and hints on how to take good travel photos.



DATE:	Friday October 11
TIME:	10:00 – 11:50 am
LOCATION:	Richmond campus, Room 2500
FEE:	\$15
GUEST PRESENTER:	Judi Angel
FACILITATOR:	Gerry Boretta, 778.887.1497, gerrycamera3@gmail.com
REGISTER BY:	Tue Oct 8 <i>To register see page 47</i>

FIELD TRIP: FORT LANGLEY

Join us for a guided tour of this historic landmark. Strategically located on the banks of the Fraser River, the palisades of Fort Langley (est. 1827) stand tall. Discover the rich and varied history of this Hudson's Bay Company fur and salmon trading post as you explore the rough-hewn timber buildings that recreate life in the 1800's. See where Hudson's Bay Company fur traders mingled with California gold prospectors and hear First Nations interpreters tell century-old tales.

Learn about the rich history of the Fort, founded to drive off the fur traders from Boston who had monopolized the Maritime trade and how they diversified by exporting pickled salmon to the Sandwich Islands (Hawaii).

The new Che' Semiahmah-Sen, Che' Shesh Whe Weleq-sen Si'am (I am Semiahmoo, I am Survivor of the Flood) exhibit is located on the top floor of the Big House. Through the exhibit, the Semiahmoo First Nation tell their story with a focus on their oral history, who they are as a people, and their place in the Lower Mainland. <https://parks.canada.ca/lhn-nhs/bc/langley>.

After the tour, join us for lunch at your own expense at the Fort Langley Pub, 9273 Glover Rd., Fort Langley, a 5-minute walk from the Fort.



DATE:	Tuesday October 15
TIME:	10:00 am – 12:00 pm (plus optional lunch)
LOCATION:	Fort Langley National Historic Site, 22433 Mavis Ave
FEE:	\$22.50 (includes entrance fee)
GUEST PRESENTER:	Fort Langley guide
FACILITATOR:	Carol Mitchell, 604.377.1657, cmbmitchell42@gmail.com
REGISTER BY:	Thu Oct 10 <i>To register see page 47</i>

SUPPORTING OUR SALMON

Pacific salmon have enormous cultural, ecological, and economic importance in British Columbia. Yet they are imperiled by human-induced and natural environmental challenges such as warming rivers, altered habitats, landslides, and fires.

In this session, Erika Eliason will discuss how salmon populations are vulnerable to these challenges, and how we can support their resilience to ensure they thrive for generations to come.

As an ecological physiologist, Erika uses a combination of field and lab-based studies to investigate how fish cope with anthropogenic stressors (e.g. temperature, fisheries interactions). Much of her research focuses on how climate change affects physiological performance across populations, age, body size, and sex in marine and freshwater fishes. Tackling both basic and applied questions, Erika's research is informing conservation policy and enhancing the management of natural resources.

Dr. Erika Eliason is Associate Dean of the Faculty of Science and Horticulture at Kwantlen Polytechnic University. She has received many awards for her work.



DATE:	Wednesday October 16
TIME:	10:00 – 11:50 am
LOCATION:	Surrey campus, Fir Building, Room 232
FEE:	\$15
GUEST PRESENTER:	Dr. Erika Eliason
FACILITATOR:	Sonya Furst, 778.833.3762, sonyafurst@outlook.com
REGISTER BY:	Thu Oct 10 <i>To register see page 47</i>

PARTNERING FOR ECOLOGY

Two online sessions and five fascinating presenters on our local ecology.

Session 1 Oct 23 The Delta Farm and Wildlife Trust (DFWT) is a non-profit organization that promotes the preservation of farmland and wildlife habitat in the Fraser River estuary and the Fraser Valley by providing funding to support stewardship projects. Established in 1993, DFWT is led by farmers and conservationists working together to support collaborative and practical efforts on farms. How has this relationship between farms and wildlife habitat been attainable over the past 30 years? Have there been positive outcomes for agriculture and wildlife? What are the current projects in these challenging times? How can we get involved in supporting such projects? Join DFWT's Executive Director Christine Schmalz and Program Coordinator April Stainsby for answers to these questions and more.

Session 2 Oct 30 People with experience, knowledge, persistence, drive and ideas to build relationships with ecology can make a significant difference. Our three speakers have a meaningful story to tell about their experiences building vital relationships to help our local ecology. Understand the impact of fire on the forests and bogs and learn how two citizens are working to protect and restore the peatbogs, a precious ecological place. Dr. Sophie Wilkinson from SFU has 10 years experience working in peatland ecohydrology and wildfire science. Eliza Olson helped found the Burns Bog Conservation Society and is President of the Peatlands Protection Society. Cheryl-Ann Johansen is the President of CFUW North Delta/Surrey, advocating for peatland preservation.



DATE: Wednesdays October 23 & 30 (2 sessions)

TIME: 10:00 am – 11:30 am

LOCATION: ONLINE

FEE: \$20

GUEST PRESENTER: Christine Schmalz, April Stainsby, Dr. Sophie Wilkinson, Eliza Olson & Cheryl-Ann Johansen

FACILITATOR: Carol Mitchell, 604.377.1657, cmbmitchell42@gmail.com

REGISTER BY: Fri Oct 18 | *To register see page 47*

CHALLENGES TO THE FUTURE OF DEMOCRACY IN CANADA

Electoral politics is one of the ways that democracy is manifest, with free and fair elections a critical component of representative democracy.

In this session, Conrad King will share some thoughts on the future of democracy in Canada as it relates to the results of the BC provincial election, the forthcoming US presidential election, and how things like populism and inter-generational political cultures affect our understanding of electoral politics.

Dr. Conrad King teaches Political Science at KPU. He cares deeply about education as an educator and as a political scientist. He teaches on education politics and policy in Canada and Europe, comparative politics, public debates in politics, and on democracy.



DATE: Friday October 25

TIME: 10:00 – 11:30 am

LOCATION: ONLINE

FEE: \$15

GUEST PRESENTER: Dr. Conrad King

FACILITATOR: Rose Marie Borutski, socionik@yahoo.ca

REGISTER BY: Tue Oct 22 | *To register see page 47*

HOW THE BC HEALTH SYSTEM WORKS

Do you know how the health care system works in British Columbia?

Do you wonder about things like:

- if health authorities share information about patient tests, how secure are my electronic health records?
- why are doctors still using fax?
- will our system be able to accommodate the aging population?

In this session, Dr. Patricia Warshawski will outline the various health care partners (government, health authorities, patients, insurance providers, etc.) and how they interact with each other.

Patricia will also demonstrate the challenges of this complex system in delivering health services while being responsive and nimble to the rapidly changing environment and patient needs. Bring your questions!

Dr. Patricia Warshawski is a retired physician. She practised family medicine in Surrey for 37 years. She is also involved with the Vancouver Branch of the Federation of Medical Women of Canada and is a member of the TALK Program Committee.



DATE:	Monday October 28
TIME:	10:00 – 11:50 am
LOCATION:	Langley campus, West Building, Room 2130
FEE:	\$15
GUEST PRESENTER:	Dr. Patricia Warshawski
FACILITATOR:	Heather Cross, hscross@outlook.com, 604-762-2469
REGISTER BY:	Thu Nov 7 <i>To register see page 47</i>

HOW WILL ARTIFICIAL INTELLIGENCE CHANGE OUR SOCIETY?

In this session we will learn about the recent leaps made in Generative Artificial Intelligence (GAI) and what this technology means to us as individuals and to our society at large.

We will explore through discussion the security concerns, consequences and promises that GAI presents, from how we live our lives to ethical questions that may arise.

No technical knowledge is required to participate in this seminar, just curiosity and a healthy interest in our future as a society.

John Frazer (MBA) brings over 25 years of professional experience in the tech sector, where he has spent much of his time thinking about how technology is adopted and achieves traction and relevance in our lives. He teaches at the KPU Melville School of Business and at BCIT and advises startups involved in developing leading-edge tech. He is currently pursuing an Interdisciplinary Masters Degree in Cultural Anthropology, Sociology and Communications.



DATE: Friday November 1

TIME: 10:00 – 11:30 am

LOCATION: ONLINE

FEE: \$15

GUEST PRESENTER: John Frazer

FACILITATOR: Rose Marie Borutski, socionik@yahoo.ca

REGISTER BY: Tue Oct 29 | *To register see page 47*

UNLOCKING THE LIMITLESS POTENTIAL OF THE MIND

Psychiatrists theorize that the deep relaxation and focusing exercises of hypnotism and meditation work to calm and subdue the conscious mind so that it takes a less active role in your thinking process. In this state, you are still aware of what's going on, but your conscious mind takes a backseat to your subconscious mind.

Within our subconscious mind reside traumas and negative past occurrences which, once identified, may be altered, corrected, and healed.

Also within the recesses of our subconscious mind lie limitless potential and possibilities which, once accessed, may result in almost miraculous achievements.

Among other things, the potential for extrasensory perception, creativity, and imagination may be released from the depths of our unconscious mind, resulting in previously untapped feats and abilities which may appear not only fascinating, but also potentially useful to society.

Dr. Michael Likey has authored more than 85 books on mysticism and performance magic. Last year he gave TALK the fascinating session on ghosts. After the session, there will be a draw for Mike's most recent book:

Transcending the Limitations of the Human Mind.



DATE:	Monday November 4
TIME:	10:00 – 11:50 am
LOCATION:	Surrey campus, Fir Building, Room 242
FEE:	\$15
GUEST PRESENTER:	Dr. Michael Likey
FACILITATOR:	Sonya Furst, 778.833.3762, sonyafurst@outlook.com
REGISTER BY:	Thu Oct 31 <i>To register see page 47</i>

THE ROLE OF THE NURSE PRACTITIONER IN BC

Would you like to talk directly with two Nurse Practitioners about their preparation and qualifications for vital roles in our community?

How often have we felt there have been gaps in our healthcare? Many people are waiting for access to a Primary Health Provider, and you will learn how Nurse Practitioners can help meet that need.

Have you wondered about the current scope of services Nurse Practitioners provide in health care and how you can access these services? You will enjoy this dialogue with Nurse Practitioners on how health care will be experienced in the future. All these questions and many more will be answered.

Pavan Grewal is a Family Nurse Practitioner with 10 years of experience in various settings including inpatient units, primary care clinics and urgent care centres. She is involved in education of Nurse Practitioners and participates in quality assurance projects.

Jacqueline Lum works at the Royal Columbian Hospital Cardiac Clinic as a Nurse Practitioner, is an adjunct professor at UBC, and a Nurse Practitioner Leader in the Fraser Health Authority.



DATE:	Wednesday November 6
TIME:	10:00 – 11:50 am
LOCATION:	Surrey campus, Cedar Building, Room 3010
FEE:	\$15
GUEST PRESENTER:	Nurse Practitioners Pavan Grewal and Jacqueline Lum
FACILITATOR:	Carol Mitchell, 604.377.1657, cmbmitchell42@gmail.com
REGISTER BY:	Fri Nov 1 <i>To register see page 47</i>

VIMY RIDGE: THE BATTLE AND ITS IMPACT

The Battle of Vimy Ridge, fought over four bloody days from April 9 to 12, 1917, was a titanic clash. The Canadian Corps, four divisions strong, surged up the Ridge, driving enemy formations from their prepared positions. The Battle was celebrated at the time and has been commemorated as a significant victory ever since.

But what actually happened at Vimy Ridge? What were the experiences of Canadian soldiers? How did the Canadians defeat the dug-in German defenders? What was the price of victory? And how has the encounter been remembered over time?

Canadian War Museum historians Tim Cook, Brittany Dunn, and Teresa Iacobelli offer insight into the Battle of Vimy Ridge and its legacy in a recorded lecture accompanied by images of rare historical photographs, works of art, and material culture. Don't miss this compelling look at the historic battle and its enduring impact.

After watching the video, join us for a discussion of the battle and its legacies led by amateur historian Jim Zalusky.



DATE: Tuesday November 12

TIME: 10:00 – 11:30 am

LOCATION: ONLINE

FEE: \$15

GUEST PRESENTER: Jim Zalusky, following recorded lecture from Canadian War Museum

FACILITATOR: Jim Zalusky, 604.368.8500, jimzalusky1958@gmail.com

REGISTER BY: Thu Nov 7 | *To register see page 47*

MAKING SENSE OF CLIMATE CHANGE

Climate Change has become a commonplace term. While the scientific community is in agreement that humans play a significant role in the changes that have been observed in the past half century, the general public still seems uncertain about the term and what the human component really is. There are many reasons for this. One is the complexity of the issue, which unfortunately can easily be exploited to show doubt. Another is the failure of scientists to reach out enough to the general public to make this complex issue more accessible and easier to understand to the degree that makes us all a more informed population. Joe Koch will do this for us over two sessions.

Joe will outline how we know what changes in climate fall within natural variability and what drives these natural changes. He will then describe the role that humans have played and are playing and will give an outlook of what is likely in store for the 21st century and what the most important consequences will be for us: around the world, in Canada, and in BC.

Lastly, we will examine some mitigation measures such as reducing our emissions and how we might adapt to some of these changes. Climate change has become one of the most dramatic examples of global injustice: the people most affected by climate change are the people the least responsible for it, while the people most responsible for it, in general, are least impacted.

You will leave these two sessions with a better understanding of the science of climate change and a deeper appreciation and a sense of urgency regarding the impacts of climate change.

Dr. Joe Koch is an instructor in the Department of Geography and the Environment at KPU.



DATE: Wednesdays November 13 & 20 (2 sessions)

TIME: 1:00 – 2:50 pm

LOCATION: Surrey campus, Cedar Building, Room 3050

FEE: \$20

GUEST PRESENTER: Dr. Joe Koch

FACILITATOR: Sonya Furst, 778.833.3762, sonyafurst@outlook.com

REGISTER BY: Fri Nov 15 | *To register see page 47*

HISTORY OF ARCHITECTURE

The Way We Build:

A History of Architecture through the Ages and How We Build Today

This session will explore the rich tapestry of human creativity and technology in the built environment and how it relates to the ways we build today. From the ancient wonders of Egypt to the designs of today, Vicki Lingle will provide a condensed yet comprehensive overview of the evolution of architectural styles. Through vibrant visuals, we will trace the development of technology as it relates to building and what we see as we look at the housing styles we build today.

Vicki will also create a framework of general historical styles, making it possible to fit different architectural styles into eras that relate to the diverse cultures and time periods of history.

Whether you're a seasoned enthusiast or a newcomer to the world of architecture, this lecture promises to inspire curiosity and deepen appreciation for the building styles you see around you in your community.

Vicki Lingle has a Bachelor of Fine Arts in Interior Design. She has designed and built a wide range of projects: commercial, residential and maritime. For 15 years she has taught courses in design; the history of architecture and how it relates to today's designs has become a favourite.



DATE:	Friday November 15
TIME:	1:00 – 2:50 pm
LOCATION:	Richmond campus, Room 2500
FEE:	\$15

GUEST PRESENTER:	Vicki Lingle
-------------------------	--------------

FACILITATOR:	Gerry Boretta, 778.887.1497, gerrycamera3@gmail.com
---------------------	---

REGISTER BY:	Tue Nov 12 <i>To register see page 47</i>
---------------------	---

JAPANESE CULTURE

Come on a journey to Japan with George Sim, who will share stories and experiences from his multiple trips to Japan over the past 50 years with rugby teams and youth exchanges.

George will compare and contrast Japanese and Canadian cultures and provide a brief history of Chiba City, Japan, sister city to North Vancouver.

He will talk about traditional Japanese foods and share his experience attending colourful festivals in cities throughout Japan.

We will be introduced to Japan's bullet-train system and share in a photo journey of some of its many temples and shrines.

George's love affair with Japan started in 1970 with a stopover in Nagasaki on his way back from a year in New Zealand and Australia. It has continued with Over 40 Rugby League visits since 1972 and 54 years of Lions Club Youth Exchanges to Chiba City.



DATE: Monday November 18

TIME: 10:00 – 11:50 am

LOCATION: Langley campus, West Building, Room 2130

FEE: \$15

GUEST PRESENTER: George Sim

FACILITATOR: Jim Zalusky, 604.368.8500, jimzalusky1958@gmail.com

REGISTER BY: Thu Nov 14 | *To register see page 47*

MARKET FAILURES & GOVERNMENT MISSTEPS

Using Obstacles as Opportunities to Fail Better

Is it a government failure when a Canada's federal justice minister's car gets stolen? Should the Province of British Columbia stop controlling the liquor market? Just as Kant's dove metaphor illustrates – feeling the resistance of the wind, the dove imagines it would fly much faster in a vacuum – markets and governments are often mistaken for each other's cure.

Join us for a talk with two economists on environmental costs of fast fashion, overcrowded public transportation systems, the Rogers and Shaw merger, financial fraud, the COVID-19 response, NORAD, AI safety, and what happened after Dr. Banting and Dr. Macleod sold the insulin patent to the University of Toronto for \$1.

Shauna McAuley-Bax is an Economics Lecturer at KPU, specializing in child labor, women's labour market participation, and development economics. Her latest focus lies in examining the Indigenous experience in Canada from an economic perspective.

Vera Lantinova is the Chair of the Economics department at KPU. She has taught courses in economic theory, women and the economy, the economic history of Canada, globalization, and world economy.



DATE: Tuesday November 19

TIME: 10:00 – 11:30 am

LOCATION: ONLINE

FEE: \$15

GUEST PRESENTER: Shauna McAuley-Bax & Vera Lantinova

FACILITATOR: Rose Marie Borutski, socionik@yahoo.ca

REGISTER BY: Thu Nov 14 | *To register see page 47*

SMALL SPACE GARDENING

Do you think you can't grow plants because you live in an apartment? Join Lynda Pasacreta to find out how you can!

So many people would love to grow their own food or create beauty just outside their living space but are daunted by the task at hand and the size of their outdoor space. And with the rising cost of food many of us would like to reduce our food bill by growing our own.

Gardeners also contribute immensely to helping nature and our environment become healthy. We help decrease the use of water, improve the health of soil, limit the amount of travel required to get food delivered from other parts of the world, and help increase the very important pollinators who help us with 1/3 of the food we eat!

With some great tips and ideas, Lynda will show you how to add plants to your space by learning about choosing the right plant, reading seed packets, understanding the amount of light, water, and type of soil needed to be successful in small space gardening.

Lynda Pasacreta is the president of Richmond Garden Club and the BC Council of Garden Clubs.



DATE:	Monday November 25
TIME:	10:00 – 11:50 am
LOCATION:	Richmond campus, Room 2505
FEE:	\$15
GUEST PRESENTER:	Lynda Pasacreta
FACILITATOR:	Gerry Boretta, 778.887.1497, gerrycamera3@gmail.com
REGISTER BY:	Thu Nov 21 <i>To register see page 47</i>

CANADIAN NURSES IN WARTIME

Renée Sarojini Saklikar will describe her poem-play “Canadian Nurses in War Time.” Comprised of three vignette scenes, the poem-play re-enacts moments from nurses’ wartime lives, including three Canadian nurses.

A poem-play is a seated reading that incorporates historical research into the narrative, and Renée Sarojini will discuss her methods and approaches for doing that.

The performance piece was commissioned by the City of Surrey during Renée Sarojini’s role as Surrey’s Poet Laureate (2015-2018). She will describe how to use research to inform the content and language of creative writing.

Renée Sarojini Saklikar teaches Creative Writing and Editing at KPU and hosts Lunch Poems at SFU. She is the author of five books, including the award-winning *Children of Air India* and *Listening to Bees*. Her poetry, essays and short fiction have appeared in many literary magazines and anthologies, including *Exile Editions*, *Chatelaine*, *The Capilano Review* and *Pulp Literature*.



DATE: Wednesday November 27

TIME: 2:00 – 3:30 pm

LOCATION: ONLINE

FEE: \$15

GUEST PRESENTER: Renée Sarojini Saklikar

FACILITATOR: Sonya Furst, 778.833.3762, sonyafurst@outlook.com

REGISTER BY: Fri Nov 22 | To register see page 47

DEPRESSION

An illness, an adaptation, or neither?

Whether depression is treated as an illness or as a useful adaptation leads to wildly varying approaches by both those experiencing the symptoms and those treating them.

Individuals who believe depression is a useful part of life will decline taking medication or seeing therapists. Those who see it as an illness may refuse to examine their environment with particular attention to their interactions with others. Similarly, psychologists and psychiatrists treating depression as an adaptation may trivialize the experience of the patients, or pathologize the condition and lean towards pharmaceuticals or therapy.

Levente Orban will outline the foundations of an evolutionary approach to depression. Elements of depression such as low mood, careful reflection or avoiding risky situations may be beneficial in some situations, but the pervasive, sustained experience of clinical depression that people experience as painful is indicative of cognitive mechanisms that have gone haywire and is no longer adaptive. This talk will introduce the audience to evolutionary thinking and how to carefully apply them to clinical depression.

Dr. Levente Orban teaches Psychology and Statistics at KPU.



DATE: Friday November 29

TIME: 10:00 – 11:30 am

LOCATION: ONLINE

FEE: \$15

GUEST PRESENTER: Dr. Levente Orban

FACILITATOR: Rose Marie Borutski, socionik@yahoo.ca

REGISTER BY: Tue Nov 26 | *To register see page 47*

FASCINATING NATIVE FLORA OF BC

British Columbia has the most diverse topography in Canada. We have habitats ranging from alpine tundra to desert and everything in between and each habitat has evolved its own specially adapted plants.

Ron Long's plant hunting has taken him to every corner of BC, and he has photographed over 1,000 species of native wildflowers.

This talk will be illustrated by Ron's beautiful photographs and will include the stories of how plants have adapted in fascinating ways to their local environments.

Ron is past president of the Native Plant Society of BC, has served on the board of the Alpine Garden Club and is active in the Federation of British Columbia Naturalists. He had a 36-year career as the Sciences photographer at Simon Fraser University.



Save the Earth!

Pass this brochure on to a friend.

DATE: Tuesday December 3

TIME: 10:00 – 11:30 am

LOCATION: ONLINE

FEE: \$15

GUEST PRESENTER: Ron Long

FACILITATOR: Patricia Warshawski, 604.542.7171, pwarshawski@shaw.ca

REGISTER BY: Thu Nov 28 | *To register see page 47*

HOW POLICING IS CHANGING

Police work has evolved and transformed over the past 20 years.

The current literature and research into policing clearly demonstrate that police agencies spend approximately 35% to 40% of their time on what can be referred to as police work, i.e. the things they are trained to do: investigate, write submissions to Crown Counsel, react to calls from the public, etc.

Approximately 60% of what police do is what has been downloaded to them by agencies that have been stripped of funding and the police de facto are the first response.

Given the current discussions and movements around “defunding” the police, the question that one should ask is: how do we re-fund key partners within our social and health care systems including social workers, teachers and health care providers?

The discussion will focus on the challenges police face as society’s expectations evolve and what police leaders need to re-focus on, given that the Canadian model of policing has moved from warrior to guardian.

Ret. Chief Superintendent Ghalib Bhayani (RCMP, Metro Vancouver) was a former Chief of Police for the City and District of North Vancouver. He also served as a UN Regional Security Chief in Sudan. He teaches in the Criminology department at KPU.



DATE:	Friday December 6
TIME:	10:00 – 11:50 am
LOCATION:	Surrey campus, Cedar Building, Room 3060
FEE:	\$15
GUEST PRESENTER:	Ghalib Bhayani
FACILITATOR:	Sonya Furst, 778.833.3762, sonyafurst@outlook.com
REGISTER BY:	Tue Dec 3 <i>To register see page 47</i>

THE POWER OF GENETICS IN AGRICULTURE

Building an innovative and sustainable future.

In this session we will explore the fundamentals of genetics and examine the dramatic evolution of genetic technology and tools over the past few decades.

Paul Adams will discuss the implications of these advancements for innovation and sustainability in BC's agricultural sectors and beyond. Additionally, he will provide examples of how KPU's Applied Genomics Centre leverages genetic tools to support BC agriculture.

Dr. Paul Adams earned his PhD from UBC in 2010, focusing on the genetics of migraine headaches. He then completed a four-year postdoctoral fellowship at Johns Hopkins University, where he studied the genetics of Parkinson's disease. Paul joined the Biology Department at KPU as a faculty member in 2014 and has since been deeply involved in teaching and developing research capacity at the university. Over the past seven years, he has spearheaded the establishment of KPU's Applied Genomics Centre, where he now serves as Director.



DATE: Tuesday December 10

TIME: 11:00 am – 12:50 pm

LOCATION: Cloverdale Tech campus, Room 1331

FEE: \$15

GUEST PRESENTER: Dr. Paul Adams

FACILITATOR: Sonya Furst, 778.833.3762, sonyafurst@outlook.com

REGISTER BY: Thu Dec 5 | *To register see page 47*

RISING IN OUR ELDRSHIP

Being retired or getting older does not mean being less useful! Join passionate community activist Annie Ohana for a meaningful conversation about what contributions we might make for the good of those around us.

This will be a chance to celebrate wisdom, elevate our skills and build intergenerational community.

Annie Ohana is Indigenous Department Head at LA Matheson Secondary School in Surrey. She is the Founder/Director of the Mustang Justice Program. She teaches Social Justice, Law, Social Sciences, Anti-Oppression/Justice & Equity, and is an Indigenous Teacher Advocate and Curriculum Specialist/ Community Organizer.



YOU are our best marketing tool.

Please tell your friends about TALK.

DATE:	Wednesday December 11
TIME:	3:00 – 4:50 pm
LOCATION:	Surrey campus, Fir Building, Room 120
FEE:	\$15
GUEST PRESENTER:	Annie Ohana
FACILITATOR:	Heather Cross, hscross@outlook.com, 604-762-2469
REGISTER BY:	Fri Dec 6 <i>To register see page 47</i>

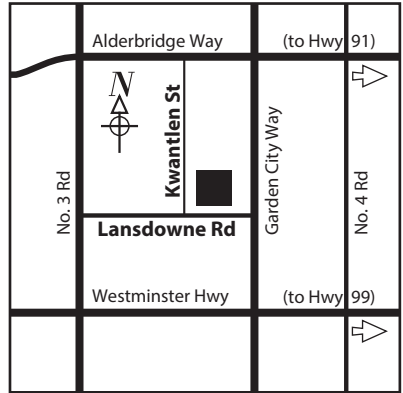
CAMPUS LOCATIONS

Did you Know?

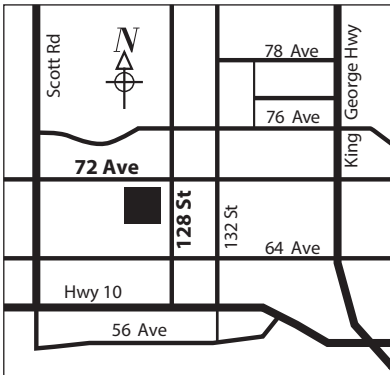
- You can look up the map of the KPU campus ahead of time to see where your classroom is located.
- Go to kpu.ca/current-students/find-your-classroom and then click on the appropriate campus. Scroll to increase size of map.



- **KPU Langley Campus**
20901 Langley By-Pass, Langley
- **Horticulture Field Lab**



- **KPU Richmond Campus**
8771 Lansdowne Rd, Richmond



- **KPU Surrey Campus**
12666 72 Ave, Surrey



- **KPU Tech Campus (Cloverdale)**
5500 180 St, Surrey

SOCIAL MEDIA LINKS



Facebook

TALK has two pages: a Facebook Community page and a Group page. To visit our Facebook Community page, go to: facebook.com/kpu.ca.TALK. Here you can see what's happening at TALK.

If you want a more interactive experience, join our Group page. Visit facebook.com/groups/697127260390288 or search “**TALK Third Age Learning at Kwantlen**” and click on the “Public Group” entry. You can view this page without joining it but if you want to post or comment you must click “join” and you will be automatically added. Please post only items that are relevant to TALK.

As well, we would appreciate if you would post a review on our Community page and a comment on the courses you attend on our Public Group page. Then share the course post(s) with your comment(s) to your own social media accounts. Help spread the word about TALK!



Instagram

Check us out! instagram.com/talkwantlen/



LinkedIn

Follow us at: linkedin.com/company/talk-third-age-learning-at-kwantlen

TALK Greatly Appreciates:

- Our member volunteers, who create and facilitate programs, distribute brochures, organize special events, and help promote TALK.
- The assistance in course registration, room bookings, brochure and newsletter production, marketing and other activities provided by KPU's Faculty of Academic and Career Preparation.
- Our presenters, who volunteer their time and expertise to provide us with lifelong learning.
- The TALK interest group of CFUW Richmond, which plans and facilitates the Richmond Philosophers' Corners and many of the courses at the Richmond campus.

FREQUENTLY ASKED QUESTIONS

What makes TALK different?

TALK is a participatory learning experience with no quizzes, grades or prerequisites. The learning process is lively, full of discussion, controversy, humour, insight and wisdom. In addition to participating in courses, you can become a course facilitator, plan curriculum, identify speakers, prepare newsletters, recruit new members, help organize special events or promote TALK. You can even offer to present a course!

For further information on being a TALK volunteer, contact Program Chair Jean Garnett at jeangarnett@shaw.ca or 604.277.1130. We particularly need help on our Marketing Committee. Contact Marketing Chair Sonya Furst at sonyafurst@outlook.com or 778.833.3762.

Do I have to be a TALK member to attend courses?

You must be a TALK member (Sept – Aug) in order to register for any of our paid TALK courses. You do not have to pay membership fees to participate in our public events such as Philosophers' Corners and Compelling Conversations. Our AGM is free to members.

What is Amilia?

Amilia is the online registration and payment system used by TALK. It is a Canadian based organization and the use of the system has been vetted and approved by TALK and KPU.

May I register after the course “register by” date?

The “register by” date on Amilia and in the brochure is set to just before the reminder notice or Zoom link is sent out by the office. If you try to register online after that date, you will get a message saying registration has closed. To register after that date, you will have to contact the office at 604 599-3077 or talk@kpu.ca. However, it is preferable to have members register earlier so that we know if we have enough people to run the course. Some courses fill up quickly so it is a good idea to register as early as you can.

Will I get a receipt and confirmation of all of the courses I signed up for?

Yes. You will receive a confirmation of registration and payment email. You can also see a calendar of the courses you have registered for by going to your online Amilia calendar. You can also access your invoice and payment information on your Amilia account.

FREQUENTLY ASKED QUESTIONS

What if I find I will not be able to attend a course I have registered for?

Members are entitled to a refund of course fees if withdrawal occurs at least seven days before the course starts. TALK membership fees will not be refunded. If you would like to withdraw from a course, please call the TALK phone number 604-599-3077 or email talk@kpu.ca.

How can I get more information on the course content?

Please contact the Program Chair Jean Garnett at jeangarnett@shaw.ca or 604.277.1130.

What happens if a course is cancelled?

Registrants will receive a cancellation email notification that will request a response. If the TALK admin do not receive an email response, the TALK member will be phoned and notified of the cancellation of the course. A full refund will be provided.

What are the COVID-19 protocols for on-campus courses?

At KPU, mask wearing is now a matter of personal preference. Use of masks in indoor public areas is strongly recommended. It is important that we respect the choices of everyone. Should the mask mandate change, we will update this information. You will receive notice of additional requirements (if applicable) with the reminder notice that is sent a few days before your class.

Is there parking available on campus?

Parking is available on all Kwantlen campuses. The cost is \$5.00.

Go to a Paystation located at main building entrances.

Key in car license plate number; select time; then pay. Coin plus Visa and MasterCard are accepted at all Pay-by-Stall Paystations.

Take receipt - no need to display on vehicle dash. The pass will be valid on all campuses for the day of purchase with displayed receipt.

If you have a handicapped placard, parking is free in the marked handicapped spaces only. If you park in a regular stall, you are expected to pay. There is also free parking at the Newton Athletic Centre near the Surrey campus, a 10-15 minute walk. You can find more info about parking at kpu.ca/parking-transit/maps.

FREQUENTLY ASKED QUESTIONS

Why is the classroom so cold?

Some rooms on campus have automated heat. They don't start to warm up until there are bodies in the room to trip the motion detectors. We recommend you dress in layers.

Should I worry about the security of my personal information using Zoom?

No need to worry! KPU has a special Zoom licence. All your personal information stays within Canada. The routing to the meeting is encrypted, your personal information is not disclosed, and there is no impact on your privacy. KPU uses your contact information only to ensure you are registered in TALK courses and receive information about them.

When will I receive my Zoom link?

You should receive your Zoom invitation from notifications@amilia.com two or three days prior to the scheduled session. This will include the link to your Zoom webinar or meeting, and any handouts the presenter has supplied. Please read this email carefully for any special instructions. Ensure that you have listed notifications@amilia.com in the Safe Senders tab in your email server's Junk Mail Options. If you have not received the link by the day before the session, please contact us immediately through talk@kpu.ca or call us at 604.599.3077 so that we may resend you the link.

How can I give feedback to the TALK organizers?

We love hearing from you. To send written comments on courses or suggest future courses or presenters, please send an email to talk@kpu.ca with "feedback" in the subject line.

How do I buy a TALK gift card for a friend?

Go to www.kpu.ca/talk/courses, Click on Register for Courses, Click Login (upper right of screen) and enter your email and Amilia password. Click on Gift Cards (under the TALK logo) and choose an amount. Add recipient name, email and message and Add to Cart. You can do this at the same time you are paying for your membership and registering for courses or any time.

HOW TO PARTICIPATE IN A TALK WEBINAR

Just a few simple steps!

Go to our website kpu.ca/talk/courses. Sign up and pay for a webinar course on *Amilia*.

1. A few days before your course, you will receive a reminder email from *Amilia* with a link to the webinar and a password.
2. **Save this email** somewhere you can find it... or add the link to your calendar. **If you haven't received the link by the day before the session, please contact talk@kpu.ca or 604-599-3077**
3. About 10 minutes before the start time of the webinar, go to the reminder email and sign in by clicking on the link and entering the password. (You can join using your web browser and do not need to download the Zoom app.) You will be placed into a wait room until the start of the session.
4. Make sure you join the webinar with your First Name and Last Name as attendance will be taken during the presentation. There may be removal of attendance if you are not on the class list for the TALK course.
5. If unable to join the Zoom webinar send email with "technical difficulties" in the subject line and your telephone number. We will try to call you to see if we can assist you.

Did you know that most TALK Zoom webinars are recorded and the link to the private video is sent to those registered after the class?

This means you can register with confidence that, if you can't attend, you can still watch the presentation later.

Using a regular phone or iPhone to attend the webinar

If you don't have a computer and want to phone in and listen to the presentation, numbers will be listed in the email (use the 778 are code number). You will be able to hear the presentation, but you won't be able to see any slides. For iPhone users, use the one-tap link for your iPhone (use the 778 are code number). Some of the slides might be hard to see on the small screen.

Do you belong to another group that might be interested in TALK?

Contact our Marketing Chair Sonya Furst (sonyafurst@outlook.com) for more information about a TALK presentation or a short article that could go in one of your newsletters.

TALK REGISTRATION CALENDAR

To apply for membership in TALK (\$10 Sep 1/24 – Aug 31/25) and to register for fall 2024 events, please visit <https://www.kpu.ca/talk>.

Here is the list of available courses and activities for winter/spring 2024.

For quick reference, you may wish to keep track of your *Amilia*:

ID# _____ Username _____ Password _____

I wish to enroll in the following courses:

	COURSE	LOCATION	DATE(S)	TIME	FEE
<input type="checkbox"/>	Develop Your Smartphone Skills	Online	Sep 24	10 am	\$15
<input type="checkbox"/>	Who Needs a Journalist?	Richmond	Sep 27	10 am	\$15
<input type="checkbox"/>	TALK's 25th Anniversary Lunch	Surrey	Sep 28	11:30 am	Free
<input type="checkbox"/>	Massage Therapy	Online	Oct 1	10 am	\$15
<input type="checkbox"/>	Royal Tours of Canada	Langley	Oct 2	1 pm	\$15
<input type="checkbox"/>	Field Trip: Sunnyside Acres Park	Offsite	Oct 7	10 am	\$15
<input type="checkbox"/>	West Meets East: Japan's Influence	Surrey	Oct 8	1 pm	\$15
<input type="checkbox"/>	Understanding Totems	Online	Oct 9	10 am	\$15
<input type="checkbox"/>	Armchair Travel: African Perspectives	Richmond	Oct 11	10 am	\$15
<input type="checkbox"/>	Field Trip: Fort Langley	Offsite	Oct 15	10 am	\$15
<input type="checkbox"/>	Supporting our Salmon	Surrey	Oct 16	10 am	\$15
<input type="checkbox"/>	Partnering for Ecology	Online	Oct 23, 30	10 am	\$20
<input type="checkbox"/>	Challenges to Future of Democracy	Online	Oct 25	10 am	\$15
<input type="checkbox"/>	How the BC Health System Works	Langley	Oct 28	10 am	\$15
<input type="checkbox"/>	How Will AI Change Our Society?	Online	Nov 1	10 am	\$15
<input type="checkbox"/>	Unlocking the Potential of the Mind	Surrey	Nov 4	10 am	\$15
<input type="checkbox"/>	Role of Nurse Practitioner in BC	Surrey	Nov 6	10 am	\$15
<input type="checkbox"/>	AGM: Scams Targeting Seniors	Richmond	Nov 8	10 am	Free
<input type="checkbox"/>	Vimy Ridge: the Battle and its Impact	Online	Nov 12	10 am	\$15
<input type="checkbox"/>	Making Sense of Climate Change	Surrey	Nov 13, 20	1 pm	\$20
<input type="checkbox"/>	History of Architecture	Richmond	Nov 15	1 pm	\$15
<input type="checkbox"/>	Japanese Culture	Langley	Nov 18	10 am	\$15
<input type="checkbox"/>	Market Failures/Government Missteps	Online	Nov 19	10 am	\$15
<input type="checkbox"/>	Small Space Gardening	Richmond	Nov 25	10 am	\$15
<input type="checkbox"/>	Canadian Nurses in Wartime	Online	Nov 27	2 pm	\$15
<input type="checkbox"/>	Depression	Online	Nov 29	10 am	\$15
<input type="checkbox"/>	Fascinating Native Flora of BC	Online	Dec 3	10 am	\$15
<input type="checkbox"/>	How Policing is Changing	Surrey	Dec 6	10 am	\$15
<input type="checkbox"/>	The Power of Genetics in Agriculture	Cloverdale	Dec 10	11 am	\$15
<input type="checkbox"/>	Rising in our Eldership	Surrey	Dec 11	3 pm	\$15

HOW TO REGISTER FOR TALK EVENTS

Online Registration and Payment System

TALK's registration and payment system is online to make your registration experience as fast and easy as possible. The system is called *Amilia*, and it is a secure Canadian-based organization.

It's as Easy as 1 - 2 - 3!

1. To access the *Amilia* registration site, visit the TALK website **kpu.ca/talk**, click on the **Courses & Registration** tab, and click on the “**Register for Courses**” button OR go directly to “**Register for Courses**” at **kpu.ca/talk/courses**
2. Once there, register for courses and create your *Amilia* account if you don't already have one
3. Lastly, pay online by credit card or e-cheque (a direct payment from your bank)

That's it!

When setting up your *Amilia* account, please ensure that you check the boxes to receive emails from Third Age Learning at Kwantlen (TALK) talk@kpu.ca and the *Amilia* team notifications@amilia.com.

For more detailed help with this registration process, please check out the “Online Registration Guide” that is on the TALK Courses & Registration webpage: **kpu.ca/talk/courses**

If you need assistance or have questions about the online registration and payment system, please contact the TALK administration at **604-599-3077** or email **talk@kpu.ca**.



If you wish to attend our **25th Anniversary Celebration September 28**, you can register on our website or email talk@kpu.ca or phone 604.599.3077. Free to TALK members!

BENEFITS OF BEING A TALK MEMBER

- » Great way to connect with others who enjoy learning
- » Helps you stay current and relevant
- » Courses are presented by professionals
- » High quality content at a reasonable cost
- » Enthusiastic, volunteer instructors
- » Adds structure to your life and activities to look forward to
- » Great variety of topics suggested by members
- » Some courses are online (how to access included)
- » On-campus courses with safety protocols in place

All this leads to a greater satisfaction with life and enhanced mental fitness. Only \$10 per year to belong. Course costs kept very low. TALK is cheap!



TALK

*Third Age Learning
at Kwantlen*



kpu.ca/talk
talk@kpu.ca
604-599-3077

Kwantlen Polytechnic University
12666 72 Ave
Surrey, BC V3W 2M8



KWANTLEN
POLYTECHNIC
UNIVERSITY

