



KPURA News

Volume 3
Issue 1
September
2019

Keeping Connected Over the Years

Event Highlights

KPURA Society – Updates

Open Invitation for Member Input and Ideas

Your KPURA board needs your input and ideas! As a member of a new organization, you have a unique opportunity to help guide us in directions you think will be most fruitful. We could continue primarily planning social interactions. Alternatively, we could have a greater impact on the institution and communities we have been a part of and will be in future achievements.

Do you have issues you would be interested in seeing your new organization pursue? Do you have causes you favour that fall within the purview of a retirees' association?

Do you have ideas as to how we might best meet to explore these areas of interest? Forums? Panel discussions? Or...?

What are you personally willing to contribute?

What skills do you have that you would share with us?

We are not a large organization yet but with your creativity and energy, we can grow to be a force within KPU and within the province in matters relating to post-secondary education.

We are eager to hear your thoughts. Share them by emailing them to KPURA@kpu.ca

We have also sent a direct invitation to everyone on our email list to become an official KPURA Founding Member. We hope to hear from all of you and that you join the 50 who have already joined.

Your Board of Directors:

Chair – Yale Shap,
Vice-Chair – Carol Barnett,
Secretary – Alice Macpherson,
Treasurer – Roger Elmes,
Members at Large –
Geoff Dean, Sandra Carpenter.

Upcoming Events



Fort Langley Tour - October 24
3rd Annual Seasonal Lunch –
Morgan Creek, December 1

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Event Notes



Vancouver Block Clock Tower (1910)

Notes and pictures from our events in June and July.

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Become a Founding Member of KPURA

KPURA is a great way to keep in touch with colleagues. We organize a number of fun events each year – for instance, this summer we had a 'Vancouver Downtown History Walk' and 'A Day at Krause Berry Farm'. We have a behind the scenes tour of Fort Langley Historic Site coming up in October and our Annual Seasonal Lunch at Morgan Creek on December 1 (See <https://www.kpu.ca/retirees/events> for details of these and past and future events.)

And, since KPURA is now a registered society, members can gain access to other retirees' associations such as the College and University Retiree Associations of Canada (CURAC), and thus to other benefits.

Membership costs \$25 per year; your spouse can also join as an Associate Member for the same price.

And, if you join before December 15th, you'll be one of the Founding Members.

Go to <http://www.kpu.ca/retirees/membership> to fill out the membership form, mail it to the address listed (Suite 499, #800 - 15355 24 Ave, Surrey BC V4A 2H9) and join us!

UPCOMING!

Fort Langley National Historic Site Visit

Thursday October 24 at 10:00 am

The Fort recreates the feel of the early 1800's when it was a thriving meeting place for Hudson's Bay Company fur traders, California gold prospectors and First Nations. We will view a feature film before visiting the Collections Officer, Shannon, for a live presentation and the White Glove tour in which we get behind the scenes. Each attendee will play the role of the curator by examining and identifying a mystery historic object.



Afterwards there will be time to visit the many exhibits on the site before setting off for lunch.

The Fort has a café on site or we can stroll or drive into Fort Langley to the [Trading Post Eatery](#) at 96th Ave and Glover Road. This venue serves soups, salads, and sandwiches (gf and vegan available). The Trading Post also features its own craft beer.

Start time at the Fort is 10:00 am with the video. White Glove tour starts at 10:30 am. Admission Cost: \$15 per member; \$20 per non-member. Lunch is on our own.

Let us know if you can join us for this social event so we can let the Historic Site know we are coming. Register by sending an email to KPURA.Events@gmail.com with the subject **Fort Langley 2019**.

UPCOMING!

3rd Annual Seasonal Festive Lunch - Morgan Creek Golf Course

Sunday, December 1, 2019 – 11 am – 2:30 pm

Once again, we invite you to join us for a convivial and collegial lunch. Each year we have had a wonderful time re-connecting with colleagues and meeting spouses. The conversation is lively as we catch up on the latest travels and happenings.

This year we are going to **Morgan's Restaurant** at the **Morgan Creek Golf Course** where their Red Seal Certified chefs use fresh local ingredients and enhance the flavors.

Located in South Surrey just north of 32nd Avenue and 160 St. there is plenty of free parking and easy accessibility.

We will gather for 11 am on December 1 and socialize. Lunch will start at noon.

From 11:00 AM - 2:30 PM there will be a Cash Bar Beverage Service.



For this event we have chosen a buffet lunch. The delicious options are as follows:

- Fresh baked rolls and butter
- Spinach with spiced candied walnuts, goats cheese, maple bacon vinaigrette
- Greenhouse grown baby lettuce, trio of dressings
- Yukon gold potato, capicola, gherkins, red onion, herb aioli
- Quinoa, feta cheese, cucumber, kalamata olives, roast red pepper, red wine
- vinaigrette
- Saffron scented basmati rice, baby shrimp, cherry tomato, artichokes
- Teriyaki chicken, Vegetarian and BC rolls with pickled ginger, wasabi and soya sauce
- Herb crusted breast of chicken, wild mushroom demi glaze
- Pan seared salmon, roast red pepper cream and cherry tomato chutney
- Garlic oven roasted potatoes
- Seasonal vegetable medley
- Chef's selection of cakes, fruit pies and dessert squares
- Freshly brewed regular and decaffeinated coffee and tea

Cost will be \$50 per person, to be paid in advance.

Cheques can be made out to KPURA and sent to:

Suite 499, #800 - 15355 24 Ave, Surrey BC V4A 2H9

Or contact Roger Elmes, mcroger@shaw.ca about an etransfer.



REPORTS

Vancouver Downtown History Walk with John Belshaw

June 27, 2019

by Alice Macpherson

John was a contributor and the editor for *Vancouver Confidential*, a collaborative project involving more than a dozen writers, filmmakers, and artists. He also co-authored (with Diane Purvey) *Vancouver Noir*, the theme for our last walk with him. A dozen of us met up on the North steps of the Art Gallery, all prepped for another walk with John and one where the history, architecture and stories were a compelling focus.

There are so many aspects to how Vancouver was built and the people who were involved that, again, we only samples a short two hours of a much deeper well of history.

We started with Robson Square, including the mysterious abandoned subway station that is lost beneath it. The Hudson's Bay store is still standing and was a core piece of what was known as the CPR district. Vancouver has a definite class structure that was reinforced by the entertainments offered from the Opera house through to the other various elements of the entertainment district including the Commodore, Vogue, and Orpheum theatres.



Looking west along Georgia street you can see the Goldsmith Mural on the east side of one of the buildings. Installed in 1993, shortly after the building's renovations, the mural depicts medieval-era master goldsmiths instructing apprentices. It was created by artists Kitty Mykka and Nicole Kozakiewkz. The art is based on a 1698 German copper engraving by Christopher Weigel (1654-1725).



A wander into Christ Church Cathedral gave us all a respite from the city noise. The amazing space radiates calm and John elaborated on the history and place in Vancouver society when it was built and over the years. We also found tranquility in the Marine building. The iconic structure has a many storied history that kept us all enthralled.

As we headed for lunch, we walked past the Vancouver Club. Here the tales of exclusionary practices left this listener shaking her head at how many 'ists' were contained in one building.

Steamworks was our final destination for the day and a well-deserved lunch as we finished in just over two hours.

photos by Fernando Rey



We observed the 'Vancouver Style' architecture of many eras including the Homer Building (above) and a short row of 1890s houses (front cover) just south of the library.

The library gave us a window into a more contemporary design and we accessed the upper deck, which has been off limited for years. It afforded a fine view of other vistas including the CBC building. This is all part of the Federal district with the CBC, Queen Elizabeth Theatre, and the old post office now being renovated for Amazon.

A Berry Nice Day at Krause Berry Farm

July 3, 2019
by Yale Shap

We arrived at 10:30 am on a fine July morning and stayed for several hours enjoying the opportunities and ambiance.

Krause Berry Farm is a Working Destination Farm Since 1974 with U-Pick Berry Fields, Market, Bakery, Estate Winery, and Places to Enjoy Farm Fresh Food

<https://www.krauseberryfarms.com/>

The waffles were excellent and primed us to completed our tour. There were several types of berries for picking, the option of lunch in the onsite restaurant, a great bakery, and a children's area. The winery is open for tasting as well. We did not do the wine tasting but it was an option for a small fee.

Otherwise we were just on the hook for our own pickings and choosing. There were lots of intriguing, delicious and pretty option so time passed pleasantly and quickly.



RESEARCH PARTICIPATION OPPORTUNITY



Where thought
meets action



KWANTLEN POLYTECHNIC UNIVERSITY

Lifespan Cognition Lab

Seeking research participants

Seeking research participants ages 3-17 and 55+*.
Research includes fun, hands-on games.
Participants and parents receive \$25.
Travel expenses reimbursed up to \$5.

Contact Information:
604.599.2162
lifespancognition@kpu.ca
12666 72 Avenue, Surrey

*Adults age 55+ will need to complete a brief screening questionnaire to determine eligibility.



KPU Retirees Travel

Bound for Heaven (part 2)

Story and photos by Lee Woodson

It is late afternoon when we go to the Bern "Gare" (train station) to head back to Neuchatel. After finding ourselves in a large crowded building we finally located the track number on the departure board and we hurried off as soon as we read that it was located on the farthest track. Track 13 (sector C in small print.)

After working our way through the heavy crowds, keeping visual tabs on one another as we walk. Finally there is the train and people are boarding, only five minutes until departure time.

"Here get on board." Monique urges not wanting to miss another train. But, I protest,

"We have to go to sector C for the Neuchatel train!" Monique tones

"Lee: This is the train it is on track 13, get on the train."

"But, Monique the car does not say Neuchatel it says Payerne." I continue

She scolds, "Oh you are such a worry wart, get on the train."

So on the train we climb and find nice forward facing seats and settle in for the ride home.

Five minutes later we leave and at the very first station stop Monique points out that it is a station that we arrived at on our way to Bern earlier in the day. Ah, there you have it, evidence of the right train and on we throttle from one small station stop to another as the sun begins to peak lower in the distance. Each stop confirming our right direction.

The wonderful green leaves of the vineyards fly past and little villages, one after another, all come into sight as the train slows, stops beside the platform and then within two minutes is away again, plying the rails ever so quietly as the electric power pulls the train along at remarkable speeds. Finally, we arrive in tiny Kerzers and I comment on how it looks so much like a small grain siding on the prairies of Alberta in western Canada.

As we sit there for our two minute wait, we notice that a train two tracks over comes into the yard and pushes up against a train already sitting there. We have never seen a train connect to another train, but it does and as we watch the two trains, now one, move off as a now much longer train and continues in the direction of Bern from which we came.



Two minutes pass quickly and then our train lurches but, goes backwards, seemingly in the direction from which we came too, but the electronic overhead sign pops up Murten, a town with a medieval village that we are familiar with. I look concerned, but Monique assures me the train goes thru Murten on the return trip to Neuchatel. Hmmm, but I say nothing more.

After several more small station stops, we quickly arrive in Murten and we sit, waiting for the train to depart in the other direction, once again, resuming the trip to Neuchatel.

I notice another track a few meters away that says on the overhead sign "Neuchatel" I point it out to Monique asking.

"Doesn't the train for Neuchatel leave on the hour all day long? But, it is only twenty to the hour now."

"Oh Leland, relax." With an intonation of exasperation. Hmmm, that means BE QUIET! Monique and I have our communication skills well memorized after all of these years.

Off we go, a minute later, but continuing on in the same direction with few passengers aboard.

Hmmm, I get up and look at the map of train routes on the overhead located just up towards the center of the train car. Ah, yes, there it is Payerne, a line running off in the opposite direction from Neuchatel. Oh dear, how to make the announcement to Monique as the train travels on. Just out with it- is the only way to go.

The news is out and we look at each other, things are sorta quiet, but we manage a discussion about this as it wasn't the first time we jumped the wrong train, recalling the Italian express we hopped in Monaco on our way along the Cote d'Azur, arriving in Nice after flying past the small village that we thought we were going to stop in and get off to return to our lovely vacation apartment. So here we go again.

After researching the overhead map once again, we discover that the train route will terminate in Payerne and then return towards Kerzers on its way to Bern. So now what? Do we get off and purchase a return ticket. Hmmm, no we sit and wait. The train has emptied and no one gets aboard when we finally reach the terminus of Payerne.

A few minutes later the late Saturday night train departs from Payerne for Bern with us still aboard but, it does stop in Kerzers according to the route map on the overhead, doesn't it?

We roll along looking out the window and chatting about how we missed the original train and then, "look there is a red fox standing in the middle of a farmers field looking at us." He is kinda cute, but not a welcome visitor to the local paysan. We roll past and then there is a herd of bison. Yes, here in Switzerland an entire herd of bison. Go figure. At last Murten, ah yes it is six o'clock and the train loads with tons of tourists headed for Bern. Well, we hope if we have read the stops on the overhead correctly, it stops in Kerzers.

Hmmm, then we can get off the train in Kerzers, you remember the little village that looks like a train siding in western Canada.

Guess what? Nope, wrong guess. It indeed does stop in Kerzers and we are on the platform looking for the departure board. Ah here it is, lets see ah yes, Neuchatel. Leaving hmm, well track 6 (b), right about now. As we read standing on track one, a train approaches on track six, heading towards Neuchatel.

Monique reads on the front of the train. "Neuchatel". "That is our train!" she exclaims.



Only problem is, we are on track 1 and to get to track 6 we have to go down the ramp below the station one floor, cut thru the tunnel all the way to the outside track 6 ramp and scoot up the ramp to the train, which is already stopped and we know will pull out in under two minutes.

Lee laughs as he says, "We'll never make it."

This time we are running at a sprint, back packs a bouncing. We manoeuvre around the few people coming down the ramp who have just disembarked.



"Monique, pick it up sweetie!" I shout as I reach for the button to open the door. I press and walla, this time it opens and I jump on board. I stand there to hold the door in case it starts to close.

Monique shouts, "Were supposed to be on sector b, remember 6 (b)."

I shout "Get on the train!"

She does and moves ahead of me in the isle and we head quickly up the isle looking for a seat as I look up and read Payerne on the overhead.

Monique says "Isn't this what we just did in Bern?" I yell to Monique, "Quick were on the wrong train, get off, get off, quick out the door."

She jumps and so do I, looking up the track to sector b a few meters away and there sits a train connected with the train we just jumped from with doors closed ready to roll. I sprint to the door and hit the button, all the doors are closed and no one has got off this train. A brief moment passes and suddenly just as Monique arrives, the door opens and we jump together.

There you have it, we made it and find two nice comfortable seats just as the two trains disconnect and we head home towards Neuchatel and finally another 45 minute wait for the local train to carry us out the valley to Fleurier. We finally arrive in Fleurier exhausted at 8:20, nearly twelve hours after we left in the morning sunshine. The sky is a pale blue and the clouds are just small whispers now as the sun drops below the distant hills as we hike the final ten minutes to home. Alas, home again, we felt like we were in heaven as we put our tired feet up on the coffee table. We chat about our adventure that day and laugh with one another about the train rides. We await the next adventure.

UPCOMING THEATRE OPTIONS

Naked Stage Readers Theatre 2019 -2020 Season

Artistic Director:

Colleen McGoff Dean, KPU Retiree

Readers Theatre is often described as "theatre of the mind". The stage is "naked" - no sets, props or costumes - but not the actors. The actors embody the characters and perform so that the action of the play is created in the viewer's imagination. An engaging performance medium.

THE GHOST IN THE MEADOW by Joe Simonelli (Nov. 1, 2, 3) When two sisters relocate from Manhattan to an old farm house in upstate New York, they experience strange occurrences that indicate they are not be alone in the house. They call on the services of a psychic to try to quell the restless spirits. Based on the legend of the blue boy.

A CHRISTMAS CAROL Based on the work of Charles Dickens (Dec. 6, 7, 8) Tight-fisted Scrooge learns the true meaning of Christmas after he is visited by the ghosts of Christmas Past, Present and Future.

YOU WILL REMEMBER ME by Francois Archambault (Feb. 28, 29, March 1) An intergenerational story about the impact of memory loss. Edouard, a university professor and prominent public figure, must confront his dementia in conjunction with his fractured family. Subtle, moving and funny, You will Remember Me shows the importance of reviewing the past and collective memory as an essential part of the human condition.

MURDER BY DEFAULT by Bettine Manktelow (April 24, 25, 26) In a tranquil complex for retired Thespians, one of the residents senses a mystery about her neighbour's sudden death. She confides in her friend, who is unconvinced that anything is amiss, and then he disappears. An intriguing visitor appears on the scene, and together they begin to unravel a dark secret about the retirement complex.

THE HALLELUJAH GIRLS by Jessie Jones, Nicholas Hope, Jamie Wooten (June 5, 6, 7) Six Southern Belles decide to turn an abandoned church into a day spa called Spa-Dee-Dah. This delightful comedy explores how they meet and conquer obstacles with friendship and humour.

All performances are at the Newton Cultural Centre, 13530 72nd Ave, Surrey. Tickets are \$18, or \$15 for groups of 6 or more. Season tickets are \$60 for all 5 shows, and are available until November 3. For more information, see our website: www.nakedstage.net or purchase tickets at <https://brownpapertickets.com/>



The White Rock Players' Club

2019 - 2020 Season

Dracula: The Bloody Truth, by Lee Navet and John Nicholson. A comedic version of the Bram Stoker classic, with 4 actors playing 40 characters. (October 9 - 26)

Aladdin and the Magic Lamp: A Christmas Pantomime (December 4 - 29)

How the Other Half Loves by Alan Ayckbourne. A delightful farce. (February 5 - 22)

The Curious Incident of the Dog in the Night Time, adapted by Simon Stephens. When young Christopher Boone, who is gifted at maths but confused by people, investigates the death of a dog, he ends up discovering himself. (Dates TBA)

Spamalot by Eric Idle and John Du Prez. This spoof of musical comedy expands of the parody seen in *Monty Python and the Holy Grail*. (June 10 to July 4)

All performances are held at the **White Rock Playhouse**, 1532 Johnston Rd, White Rock. For tickets, call the box office at 604-536-7535. Tickets are \$20 for seniors; Wednesday and Thursday performances are \$12. For more information, check the website:

<https://www.whiterockplayers.ca/tickets>

KPU Retirees About Town

Follow Your Passion

Carol Barnett

In 1993 I was honored to attend the official opening of the Langley campus. I joined the School of Horticulture that September and retired after 23 years in 2016. During my stay at KPU, the Horticulture School, now a Department, expanded from its flagship diploma program to include apprenticeship and degree credentials.

When I retired in the fall of 2016, I transitioned from half instructor/half departmental co-chair roles to 'home'. It's taken the last three years to be fully comfortable in this new paradigm. My interests have shifted and widened and I now spend many hours a week practicing 'lapidary' arts.

At a young age my daughter had a great passion for art which intensified as she moved through High School. We exhausted the local Maple Ridge Arts Council offerings and were looking for a more long-term, but flexible, solution when we visited the Maple Ridge Lapidary Club. There, we found like-minded crafters and artists of all ages and backgrounds.



Lapidary is defined as the cutting and polishing of stones and gems. In addition to the valuable minerals such as gold, silver and copper, BC is rich in interesting and collectible rocks. There are over thirty Lapidary Clubs in BC registered with the [BC Lapidary Society](#). Many of the clubs focus on rock hounding as their primary activity. A group of members and their families will travel out to a specific rock-rich site to look for specimens that they can add to their collections.



In contrast, the Maple Ridge Club, which has recently celebrated its 60th anniversary, supports a broad range of 'lapidary arts' such as copper fold forming and enameling, silver smithing, cabochon making, and soapstone carving. The Club maintains an extensive array of equipment housed in a two storey workshop.

My daughter left the Club when she moved to Vancouver to complete her studies, Fine Arts at Langara and Media Arts at Emily Carr. She is now employed as an animator.

I continued on at the Lapidary Club and have enjoyed both the challenges and frustrations of many lapidary arts forms. These activities have been a big part of my continuous learning (knowledge and skills) and social interaction. I, along with several other volunteers, help keep the Club activities successful and fun. The reverse of that, which any active volunteer knows, is being a little too available and maybe too skilled at administrative-type jobs which can result in too much responsibility at times (and saying 'no' is not always possible). A lack of committed volunteers, especially at the governance level, seems to be a prevalent reality for many non-profit groups of all types.

However, having the time to get out and try new and challenging things has been and will continue to be hugely rewarding. As an academic educated in Agriculture Science, I have found my lapidary art projects refreshing, endlessly interesting, engaging, and rewarding.



Other Affiliated Groups



One of the benefits of being a KPURA member includes access to travel insurance <https://www.curac.ca/>

Extended Health Benefit Insurance

CURAC has identified the **Retired Teachers of Ontario/ Les enseignantes et enseignants retraités de l'Ontario (RTO/ERO)** Plan as one which might be of interest to members who are seeking to purchase new Extended Health Benefit insurance, transfer to a new plan, or add to their existing insurance. CURAC members who are currently in a group health benefits plan will be accepted as members of the RTO Plan with no medical questionnaire. Those with no current extended health benefits plan will need to complete the questionnaire to be assessed for acceptance.

RTO's Plan administrator (Johnson) is ready to accept calls for information and/or for enrolment. As a first step, we urge interested individuals to carefully review the RTO extended health care plan and rates available at <https://www.rto-ero.org/group-insurance-plans/rtoeros-group-insurance-plans/extended-health-care-plan>.

Please note, in particular:

- **Out-of-Province/Out-of-Canada Travel** for an unlimited number of trips, of up to 93 days duration each, for \$2,000,000 per person per trip. This benefit also includes Trip Cancellation and Trip Interruption/Delay for \$6,000 per person per trip.
- **Prescription Drugs** to a maximum of \$3,400 per calendar year per person.
- **Paramedical Practitioners** for 17 eligible practitioners. Physician authorization is not required.
- **Limited Vision Care** for prescription eyewear, laser eye surgery and corneal incision and eye examinations.
- Rates vary relative only to single, double, or family. They are not age-banded.

To apply for enrolment in this extended health care Plan, please call the Plan administrator (Johnson) at the RTO/ERO toll-free telephone number **1-877-406-9007**.

Identify yourself as a member of the **CURAC** group and your local retiree association - **KPURA**.

CURAC offers other benefits as well, including:

- **Travel Planning**
 - [Guided by Collette](#)
 - [Trip Merchant](#)
- **Home and Auto Insurance**
 - [Economical](#)
- **Pet Care Insurance**
 - [Economical PetSecure](#)
- **Trip Cancellation/Interruption Insurance**
 - [Johnson Inc.](#)
- **Health Care Insurance**
 - [through membership in Retired Teachers Ontario \(RTO\)](#) (as noted above)
- **Volunteer Opportunities**
 - [through Academics Without Borders](#)

HEALTH CARE POLICY BULLETINS

CURAC writes health care policy bulletins. With an eye to how health concerns impact seniors, these articles are a welcome source of information. Two recent ones:

Social Isolation, a public health concern for seniors (March 2019)

Internationally, social isolation among older adults has been recognized as a factor in seniors' health. Both the International Federation on Aging in 2012 and the World Health Organization in 2015 acknowledged the potential negative consequences of social isolation as did the Canadian government and our National Seniors Council in 2013-14... There are various estimates of its prevalence with some studies suggesting a quarter to a third of older adults experience social isolation while others provide a range of from 10 to 43%. Whatever the number research suggests that social isolation is associated with negative health outcomes (Nicholson, 2012).

Full Text: https://www.curac.ca/wp-content/uploads/2019/03/Social-Isolation_March2019.pdf

Opioids -Are Seniors at Risk? (June,2018)

Seniors are living longer and, with age, they become vulnerable to health challenges and the pain that may accompany them. Thus, it is perhaps not surprising that research shows that 40% of those over 85 are taking at least ten different medications; two-thirds of those over 65 take at least five (Bernier, 2017).

Full Text: <https://www.curac.ca/wp-content/uploads/2018/06/Opioids26April18.pdf>

TALK

Third Age Learning at Kwantlen

KPURA members! We would like to offer you a one-time free annual membership to Third Age Learning at Kwantlen (TALK), which runs from September to August each year.

TALK operates under the umbrella of KPU and provides interesting non-credit courses, special events, and Philosophers' Corners to people aged 50+. We are entirely volunteer run. We manage the logistics of course delivery, including sourcing presenters and promoting TALK. Presenters volunteer their time and expertise to offer courses (one to four two-hour sessions) or introduce a Philosophers' Corner (10-minute overview of the topic). See our current program at <https://kpu.ca/talk>

How can you be involved?

- Take a TALK course. You can see the latest offerings at kpu.ca/talk/courses. To obtain the coupon code for a free one-year TALK membership, email talk@pkpu.ca and

mention that you are a Kwantlen retiree and have been offered your first year's TALK membership free. Enter this code at check out.

- Volunteer to teach a course. We have many repeat current and retired KPU faculty and staff members and others who report that they love presenting TALK courses because the audience is receptive, attentive, and enthusiastically interactive. Share your interests with a group of people who love to learn! To volunteer or suggest other interesting potential presenters, contact Program Committee Chair Jean Garnett at 604.277.1130 or jeangarnett@shaw.ca
- Volunteer to introduce a Philosophers' Corner. These are held in Richmond, Surrey and Langley on a variety of thought-provoking topics. To connect with the Philosophers' Corner organizers, contact me at robiheath@gmail.com
- Join the TALK Board and/or one of our committees – Program (Surrey and Richmond committees), Philosophers' Corners (Surrey, Richmond and Langley) and Marketing (Surrey). Help TALK meet the needs and interests of "third age" learners. The Board meets the third Thursday of the month at 1 pm at Surrey campus. Contact me at robiheath@gmail.com for more information.

We encourage you to participate in life-long learning with TALK in whatever way works for you.

In Memoriam

As time marches on we have lost some of our colleagues to that march. Since the last Newsletter another active member has left us.

Richard Heath Floyd, on Sunday, August 25, 2019. He was 73.

A celebration of life will take place on Sunday December 15, 2019 at Seymour Golf & Country Club in North Vancouver, from 11 am - 3 pm.

Richard's full obit and a number of pictures can be found at:

<https://vancouver.sunandprovince.remembering.ca/obituary/richard-floyd-1077253268>

We remember our passed colleagues through our In Memoriam page on our website at: <https://www.kpu.ca/retirees/memoriam>

For More Information

Thank you for reading Newsletter #7 of the KPU Retiree's Association.

We are interested in what you would like to see in the KPURA Newsletter. We look forward to your memories and your contributions. Let us know!

Alice Macpherson, alicemac@telus.net

Your Newsletter Committee,
who would welcome more input, members, articles and photos – kpura@kpu.ca

KPURA News

12666 – 72nd Avenue
Surrey, BC, V3W 2M8

How About You?

Do you have a photo or story to share of your early days at Kwantlen? How about your travels or current adventures before or after retirement? The newsletter is always looking for pictures and stories. They can be about your adventures at Kwantlen and beyond into community activities or travels near and far. Please feel free to join in with an article of up to 500 words with pictures to illustrate.

BENEFITS OF KPURA MEMBERSHIP

1. Newsletter 3 times a year– *KPURA News* – keeping us connected with news of retirees':
 - a. travels,
 - b. community-based activities,
 - c. research and scholarly activities,
 - d. social activities.
2. Reduced fees for KPURA-sponsored activities such as wine tastings, local boat, streetcar, and walking tours, lunches.
3. Keeping connected with colleagues and friends – with the "Kwantlen Family".
4. Maintaining friendships and creating new ones.
5. The exchange of information.
6. Intellectual engagement.
7. Ongoing support from and to the university.
8. Representation of their interests as retirees.
9. Access to benefits of the College and University Retirees Association of Canada (CURAC)

42 member associations (including KPURA) embracing some 16,000 retirees

Benefits www.curac.ca :

 - a. Discounted travel
 - b. Discounted home and car insurance
 - c. Discounted pet insurance
 - d. Extended health insurance – in some aspects better than our group pension health insurance – rates are not age-banded
 - e. Two different travel/trip cancellation plans – one is not age-banded
 - f. Quarterly Newsletter
 - g. Annual National Conference

The KPU Retirees Association

Invites you to join us for the purposes of:

- Encouraging fellowship among retirees by maintaining existing and promoting new friendships;
- Organizing social events for university retirees;
- Facilitating continuing engagement with the university;
- Facilitating the free exchange of information and discussion of topics of interest to members;
- Advocating on issues and topics agreed to by the association; and
- Representing the members of the society to Kwantlen Polytechnic University and other entities.