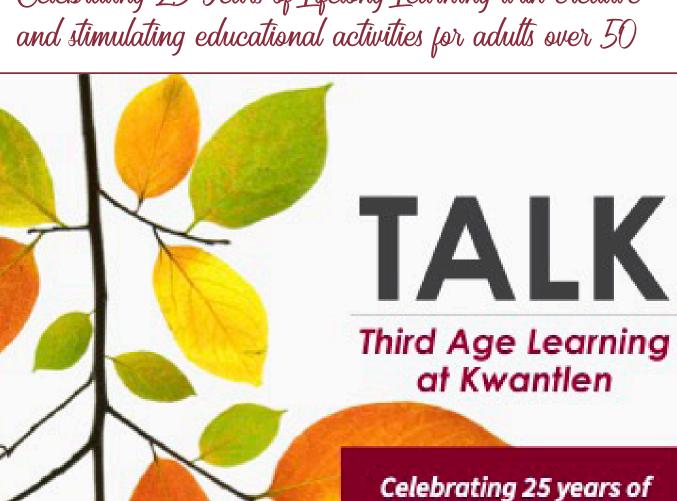
Celebrating 25 Years of Lifelong Learning with creative



stimulating lifelong

learning for adults over 50!

FALL

2024 Courses start September 24 kpu.ca/talk > Online, on-campus KWANTLEN and off-site courses

MON	TUE	WED	THU	FRI
October 9 Vimy Ridge: t	th, has been pos he Battle and it	s, originally sched stponed to Dece ss Impact, originationstponed to Nov	mber 4th. ally scheduled	How Will Al Change Our Society? 10 am Zoom
Unlocking the Limitless Potential of the Mind *see below 10 am Surrey	5	Role of Nurse Practitioner in BC 10 am Surrey	Philosophers' Corner  10:30 am Richmond	TALK AGM  10 am Richmond
Rembrance Day: Campuses closed	POSTPONED Vimy Ridge: the Battle and its Impact  10 am Zoom	Making Sense of Climate Change (wk 1) 1 pm Surrey	Philosophers' Corner  11:30 am Surrey	History of Architecture  1 pm Richmond
Japanese Culture 10 am Langley	Market Failures and Government Missteps 10 am Zoom	Making Sense of Climate Change (wk 2) 1 pm Surrey	originally s November 2	ses in Wartime, cheduled on 7th, has been December 9th.
25 Small Space Gardening 10 am Richmond	Vimy Ridge: the Battle and its Impact	POSTPONED Canadian Nurses in Wartime 2 pm Zoom	Philosophers' Corner  11:30 am Langley	Depression  10 am Zoom

Report on Philosophers' Corner Wisteria Place, Richmond > By Jean Garnett Richmond's Philosophers' Corners continue to be very popular at Wisteria Place; 35 attended the October 3rd session, including several people there for the first time. The topic was "From democracy to The next topic on November 7th is

public: you don't have to be over 50 or

have to register ahead of time – just

drop in. We'd love to see you!

a TALK member to attend and you don't

at Kwantlen

Creative and stimulating educational activities for adults over 50

As well, on the second floor we enjoyed an exhibition on Hope Meets Action: Echos through the Black Continuum, a display presented by the Black History Awareness Society. Nearby, outside the Museum's garden, was mature and still producing vegetables.

Today if you want to experience the inside of a 19th Century Canadian Fort, you, your family and your friends can rent an oTentik and spend some time, a weekend for example, inside the fort.

We then explored how barrels were

packed to be shipped to Europe.

made and used, and how the furs got

Fortunately, we spent time in the last

remaining original building, still stand-

ley, on the Fraser River, to enjoy lunch

Jim & Marilyne Kelly,

on the topic.

regular attendees, jointly presenting their views

at Kwantlen

www.kpu.ca/talk

It was also emphasized there is an

are Responsibilities!

in the future.

acknowledgement that with the Rights & Freedoms of being a citizen, there

We had a very successful discussion

come to more Philosophers' Corners

SHUBHAM CHHABRA

SHUBHAM CHHABRA

**WORKING TITLE** 

DOCUMENTARY

KPU E COOCSFF

CODOCSFF

how well it all went and vowing to

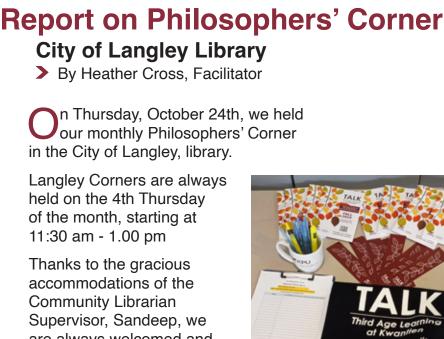
with two, new to the group, expressing

and a chat.

**Courses in Review** 



post on the shores of the Fraser River. ing! In this building, Hazel, a first nation's guide, was introduced and spoke Our first stop was a visit to a sturdily briefly about her experiences growing built solid wooden building, the Serup in the area for over 8 decades. vant's Quarters, with four rooms that contained typical artifacts of the original Our guide, so skilled in making barrels, groups that originally lived at the Fort. demonstrated how this was done by They were mainly the Scots, French the craftsmen in the 1800s. Canadians, Indigenous, and Hawai-After the tour, most of the group walked ians. to the Fort Pub and Grill, in Fort Lang-



The topic, though not controversial, elicited much conversation and feedback. Every one participated and brought forward many thoughts and suggestions. Many of the suggestions discussed are sanctioned by the Government of Canada, on being good citizens.

'Cash Cows' and the documentary 'Working Title', are both riveting. As well as the film maker being on site at the Film Festival, he was also one of the panelists who accepted questions from the audience. Others on the panel

students.

were: The main protagonist Actor of the film, advocate

The winner of the prize pack was K. Klammer. We distributed close to 150 brochures, there were many questions and a lot of interest. Visitors appreciated the smaller KPU bags which they used to carry the various items they picked up at the event. We were very pleased at the outcome and look TALK's Program Committee volunteers: forward to attending this event again. Jim Zalusky and Patricia Warshawski Philosophers' Corners

Wisteria Place, 4388 Garry Street, Richmond Artificial Intelligence: Is There an Autononomous Crescent Gardens, 1222 King George Boulevard, Surrey Döstädning: the Gentle Art of Swedish Death Cleaning City of Langley Library, 20399 Douglas Crescent, Langley For more information, please visit: <a href="https://www.kpu.ca/talk/philosophers-corner">www.kpu.ca/talk/philosophers-corner</a> OLUNTEERS **Volunteers Needed** 

with Dr. Hal Gunn, MD

Qu biologics

**Lifespan Cognition Lab** 

return.

For more information,

WHAT?

WHY?

WHO?

WHEN?

KPU's Lifespan Cognition Lab is currently

please visit: www.lifespancognition.com

recruiting participants for an online research study.

A paid multi-year research study.

Payment starts at \$20 CAD and increases by \$5 each time you

To understand how thinking

develops across the lifespan.

15, 18-23, 40-45, and 65-70.

People between the ages of 10-

Right now! You will also be asked to return in following years.

411 — Telephone Directory assistance www.ability411.ca 511 — Transportation & Traveller information 711 — Health Link BC for the Deaf & Hearing Impaired

211 - Social services and information for Seniors

Seniors Events of Interest 2024 Provincial Summit on Aging November 5–7

WHERE? It is completely online. To see if you are eligible, visit HOW? lifespancognition.com/participate **Upcoming TALK Events** TALK's AGM **Featuring Top Scams Targeting Seniors.** For more information, please visit: www.kpu.ca/talk/courses

and Chairperson from BC Federation of Students, Asst, Professor SFU, and a guest film maker.

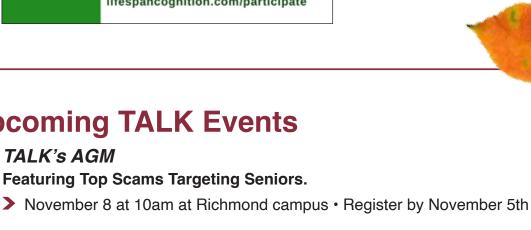
**EST AUDIENCE** 

ocsFF Greg Chan, Instructor, Department of English; Editor-in-Chief, Mise-enscène: The Journal of Film & Visual Narration; Community Outreach and Social Justice Lab Director, KDocsFF; Historic Joy Kogawa House Exhibit; @GregChan\_Ink; FRIEND of TALK pproximately 280 people attended and almost all of them visited our table. The prize pack which was generously provided

to TALK by KPU, helped bring people over,

as well as the variety of swag items.

For information, please visit: <u>www.kpu.ca/talk/volunteer</u>



ancouver and astal Health

Research Institute

Providence **Health Care** 

KWANTLEN POLYTECHNIC UNIVERSITY

PARTICIPATE

LIFESPAN COGNITION LAB

swipe for

more details!

IN RESEARCH!

Resource Numbers You Might Not Know

In addition to 911, there are SEVEN other special short-code numbers.

Telephone "short codes", provide callers quick and simple access to other special

Short Stories and Tall Tales November 21 https://culturedays.ca/en/events Council of Senior Citizens' Organization (COSCO) Events

https://coscobc.org/events/

Road Scholar Institute Network https://www.roadscholar.org/

Explore Learning Adventures Across the Globe



Remembrance Day · November 11 We wear a poppy On Remembrance Day, And at eleven

tyranny: can it happen?" Shirley "Did God invent man or did Man Stonier introduced the topic and invent God?" referred to the book, "On Tyranny: Twenty Lessons from the Twentieth Philosophers' Corners are open to the

**KPU Open House** October 5th @ 11 am - 2 pm at Surrey campus > By Sonya Furst, TALK Marketing Chair

Century" by Timothy Snyder. It is a

it resonates with what is happening

short book, but worth the read as

in the world today.

Carol Mitchell from our Program Committee assisted and we were able to spread the word to many about TALK. Field Trip: Sunnyside Acres Urban Forest Park By Patricia Warshawski n October 7, 2024 eight TALK members and I participated in a two hour nature walk around Sunnyside Acres Urban Forest Park.

Sunnyside Acres Urban Forest

it in perpetuity in 1988.

residents established the

Park was one of the first dedicated urban forest parks in Canada, thanks to Surrey residents voting to protect

Once successful, an inspired group of

The Open House was attended by an astounding 1200 visitors! Our TALK table, which looked very attractive with a wide variety of TALK informative materials, had 177 or so visitors of all ages. Many brochures, flyers were

handed out, along with some

great swag.

n October 15th, fourteen people keen to explore the Fort Langley

National Historic Site met our guide,

Originally, the Fort was built in 1827

as a Hudson Bay Company fur trading

Rita Bruneau.

Our next, stop included the Big House containing pictures of important events

are always welcomed and provided with snacks. Not only was there a variety of coffee, tea and cookies but there was fruit. too! The topic for today's discussion was: "How do we define what it means to be a good citizen?" There were a total of 9 of us present.

Heather (Facilitator), presented statistics from a 2011 National Survey. from Canadians on Citizenship with the highest percentage of attributes being: "Treating ALL equally!" 95% of those surveyed believe this to be top priority of "being a good citizen". TALK was invited to KDOCSFF **KPU Surrey, Fir Building** 

By Heather Cross

Film studies for TALK, hosted another KDocsFF, on October 25th 2024. I was privileged to be among the "test audience". Advocating for Social Justice and Fairness for the "rights" that were promised to them as International students! Film maker in residence, Shubham Chhabra in collaboration with KDOCS, screened two films. Chhabra masterfully weaved the true narratives of students, into compelling stories punctuated with humour and grit, while exposing the seedy underlying schemes of unethical and perverse "scams", perpetrated on the unsuspecting

reg Chan, who has conducted several

For the Health of It White Rock Community Centre · October 26th By Patricia Warshawski Third Age Learning at Kwantlen Creative and stimulating educational activities adults over 50

in November Did God Invent Man or Did Man Invent God? November 7 at 10:30 am Humanoid Robot in your Future? November 14 at 11:30 am November 28 at 11:30 am Interested in becoming a TALK Volunteer? Here are some of the volunteer opportunities TALK has to offer Become a Course Facilitator Join the Board and/or the Program Committee and/or the Marketing Committee

Become a Presenter

**IMPORTANT** 

NATURAL

**IMMUNITY** 

IN HEALTH

**AND AGING** 

DATE: 7 NOVEMBER 2024 TIME: 3:00 PM Address: Online via Zoom For more information and to register Visit: <u>www.qubiologics.com/events</u> Call: 778-383-1308 Discover what you can do daily to boost your ZOOM Meetings immune system to age well and learn about a new study evaluating ways to improve natural immunity.

311—Non-Emergency Reporting 611 — Telephone Repair 811 — Health Link BC Main Line 911 — Emergency Services (police, fire, ambulance)

assistance that may be needed.

Historic Stewart Farm - Classic Book Club:

Upon a grave.

Os we remember

Our soldiers brave

We stand and pray. **Lest We Forget** Wreaths are put

Website: kpu.ca/talk > Email: talk@kpu.ca > Phone: 604-599-3077